

DCDS connection

Official Publication of DCDS
A tradition of integrity and care since 1908



Mission Statement

Serving the professional
needs of our members

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Sleep and Pain

by Steven D. Bender, DDS

The relationship between pain and sleep has been extensively studied but continues to remain ambiguous. It is widely accepted that poor sleep often precedes pain disorders, including temporomandibular disorders (TMDs)¹ and that pain disorders can negatively impact sleep quality. It is therefore essential for dental teams involved in the clinical management of orofacial pains and dental sleep medicine to understand and recognize the frequent comorbidity of these two entities. The aim of this article is to provide a brief overview of the current understanding of pain and sleep interactions in hopes that the dental team will be better prepared to confidently address these when encountered in practice.

Sleep and Pain Dynamics

Sleep and pain both serve vital functions necessary for human survival. Dysregulation of either has the capacity to affect the other and ultimately interfere with optimum health. Approximately 10-25% of adults will experience some form of chronic pain defined as persistent or recurrent pain lasting ≥ 3 months.²⁻⁴ Recent data suggests that 50-90% of people with chronic pain also report poor sleep, specifically insomnia, prolonged sleep latency, poor sleep efficiency and frequent awakenings after sleep onset.⁵⁻⁷

While various theories have been proposed as to the directionality of the relationship between sleep and pain, more recent longitudinal studies have shown that poor sleep tends to be more predictive of the onset of various pain disorders such as headaches,^{8,9} fibromyalgia¹⁰ and musculoskeletal pains¹¹ as opposed to pain conditions leading to poor sleep. Recently, the Orofacial Pain Prospective Evaluation and Risk Assessment (OPPERA) study found that patients often experience a period of poor sleep months before the onset of new TMD related pains, independent from other variables.¹

Management Considerations of Orofacial Pains and Sleep Disorders Oral Appliances

Oral appliances may be utilized for both TMDs and sleep related breathing disorders (SRBDs).

While positive airway pressure (PAP) is currently considered the gold standard treatment for SRBDs, oral devices designed to hold the mandible in a protruded position in relation to the maxilla during sleep, known as mandibular advancement devices (MADs), may also be considered as first line treatment for a large number of patients, especially with mild to moderate severity.¹² MADs have been shown to provide comparable benefit in terms of quality of life, cognitive and functional outcomes as compared to PAP therapy, and appear to have greater treatment compliance.¹³ Also, there is data to suggest that MADs may reduce the rhythmic masticatory muscle activity (RMMA) associated with some forms of sleep bruxism (SB).¹⁴⁻¹⁷ However, most of these studies are short term in duration (approximately 2 weeks). It should be noted that a recent scoping review found that in instrumental based studies utilizing electromyography and polysomnography, there was no significant correlation found between SB and TMDs.¹⁸ It should also be mentioned that while SRBDs may play a role in some SB manifestations, recent reviews have concluded that to date, there is insufficient evidence to support a conclusive cause and effect relationship between the two.^{19, 20}

Other types of oral appliances have long been utilized to help manage various TMD complaints. While many hypotheses have been reported, there is currently no significant data to support any specific mechanism of action for these devices in their role as therapy for TMDs. Importantly, some reports have suggested that devices fabricated for the maxillary arch may increase the severity of OSA in some patients.²¹⁻²³ The mechanism for this adverse response is currently not known.

...continued on page 14

The Write Stuff

Mary Swift, DDS, President

Thankful for a Productive Year



The past year has flown by, as they all seem to do. This will be my last newsletter article as your President. I would like to take this opportunity to recognize and thank some of the super stars

who shined bright this year, and it was a very busy year. Thank you to all our committee chairs and members for your hard work. Member volunteers are our biggest asset and volunteerism drives our association. We are only as strong as our membership and volunteers. That said, I'd like to thank Dr. Sara Ehsani, this year's Membership Committee Chairman. Dr. Ehsani and her team worked hard to re-capture members and keep our "active member" numbers healthy.

I would also like to thank Dr. Mitra Bolouri for her work on the Diversity Committee. Dr. Bolouri organized some of our most successful events of the year, topping off her year with the Emerging Speakers Workshop. Dallas County Dental Society is well known for the leaders we foster in organized dentistry. The workshop, which we hope to develop into an annual event, was an original idea brought to the DCDS Board by Dr. Bolouri.

Dr. Salvator La Mastra, DCDS Program Chairman, brought some very popular programs to the General Membership meetings this year. Meetings were very well attended both in person and virtually. We were able to bring in Dr. Jacqué Plemons to present a licensing requirement program. Definitely a member benefit. Dr. La Mastra also lined up Dr. Randy Sanovich to a very popular and well attended Botox lecture. Thank you, Dr. La Mastra, for adding a spark to our programs this year.

This was a legislative year and legislative years come with the need for additional meetings and planning to prepare our Legislative Committee for a trip to the Capital. Dr. Jon Vogel led this year's committee. Thank you, Dr. Vogel, for your hard work and dedication. It takes a special talent to translate the importance of donating to DENPAC. Dr. Vogel has been ever diligent and determined to enlighten our members about how

your donated dollars affect your practice and your patients.

DCDS Foundation sponsored a Veteran's TMOM in November. Foundation President Dr. Michael Rainwater organized several pre-screen events as well as the 2-day event itself. Our Foundation is the charitable arm of DCDS. We reach the public and serve their needs with programs like Give Kids a Smile and mission events. Thank you, Dr. Rainwater, for your kind and giving heart. It was a pleasure to work with you in November and I look forward to many more Foundation events.

This was also a big year for our Executive Director. In February of this year, Jane Evans celebrated 30 years with DCDS. The work Jane has done for our society is recognized around the state. Other societies look to DCDS as an example of how districts should conduct themselves. Jane is ever watchful and protective of our association and its members. Thank you, Jane, for keeping DCDS healthy and productive and thank you for 30 years of dedication to DCDS.

I'm very proud of the work this year's Board of Directors has done. I must admit, at the beginning of the year I was a little skeptical given how young this board is. If you take me out of the equation, the average age of this board appeared to me to be 30ish. I questioned whether or not a Board that young could handle our issues with wisdom and historic perspectives. Turns out, my concerns were unfounded. This youthful Board demonstrated enthusiasm and original thought at every Board meeting. Discussions were productive and I think we did some good work this year. Thank you to all our Board members. You have served DCDS well and I hope you all realize what a big part you have played in our association.

Thank You



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Executive Director Jane D. Evans

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Impressions

Editorial by Jordana Contrucci Ruiz, DMD, Editor

What is the most challenging aspect of dentistry?



Someone outside of this profession may think it's DENTISTRY! However, any dental practice owner knows it's staff management. Having purchased and taken over a preexisting office, you

benefit in many ways; however, there are some challenges when staff starts retiring. One of the benefits of purchasing a well-established office is that it is like a well-oiled machine, everything runs smoothly and efficiently. But when one part of your team needs to be replaced, things start to fall apart. I have recently found myself in this situation.

My rockstar office manager of over fifteen years is leaving the practice to move to Tyler, Texas. It has been extremely difficult to find someone to fill her shoes. She is a bright, personable, and self-motivated individual. She can accomplish anything she sets her mind to by multitasking and anticipating what needs to be done. She is the type of person who goes above and beyond for her job. She is the first to arrive and last to leave, you can find her doing tasks beyond the scope of her duties to make the office run smoothly.

What I have been discovering is this type of self-motivated employee does not exist in today's staffing market. Many prospective

employees want to do the bare minimum, clocking in and out, and not caring about the overall wellbeing of the office. And the old saying, "you either have it or you don't," has never rung so true! I have found some potential applicants that have the look, the personality, and the work ethic; however, when it comes down to the actual ability at the job, they have no ability to retain the information and perform the actual duties.

The big question is what do you do? Do you hire someone who can perform their job but could care less about the office; or the person who looks great at first, is personable, makes the patients feel special, but cannot perform their job to the quality needed?

As the owner dentist you want to eliminate stress in the office and have a calm and efficient work environment. Without a full team the office cannot run smoothly; however, having the wrong individual in a position may be worse. The office will not run well and numerous mistakes will be made, effecting the quality of the patient experience, reducing patient retention, and upsetting other staff members.

My philosophy has always been to be patient and hire the right person. You don't want to create a bigger mess by hiring the wrong person. However, the employee "unicorn" is hard to find! I still do not have a magic solution to finding the right person but eventually the right individual with the proper guidance can become the right fit!



DEA MATE Act

The federal government has implemented The Medication Access and Training Expansion Act (MATE Act) to help combat opioid abuse. As important healthcare providers, dentists with DEA registrations need to comply with the new training regulations and make sure patients receive the care they need while reducing the risk of opioid abuse and addiction.

The MATE Act requires dentists who prescribe controlled substances to complete 8 hours of training on responsible prescribing practices. The deadline for satisfying this new training requirement is the date of a practitioner's next scheduled DEA registration submission—regardless of whether it is an initial registration or a renewal registration—on or after June 27, 2023.

Most dentists will have already taken courses in the past that will cover this 8 hour requirement, so check your records! Past trainings on the treatment and management of patients with opioid or other substance use disorders can count towards a practitioner meeting this requirement. In other words, if you received a relevant training from TDA/DCDS—prior to the enactment of this new training obligation on December 29, 2022—that training counts towards the eight-hour requirement. [Click here for more information on the DEA MATE Act.](#)

NEW DEA TRAINING REQUIREMENT:
Medication Access and Training Expansion Act (MATE Act) Compliance

TDA
TEXAS DENTAL ASSOCIATION

From The Hub

by Jane D. Evans, Executive Director

Reminders



Celebration

At a recent DCDS Board of Directors meeting, Dr. Mary Swift asked Board members if they knew a time capsule was buried on the Executive Office grounds. Do you know when and where?

DCDS celebrated 100 years as a society in 2008. To commemorate the milestone a formal "Time Capsule Ceremony" was held prior to the November 19, 2009, General Membership Meeting. The capsule is scheduled to be opened in 2050.



DCDS Retired Dentists and their spouses/guests were accompanied by DCDS Staff on a excursion to The Dallas Holocaust and Human Rights Museum. The Museum is dedicated to teaching the history of the Holocaust and advancing human rights to combat prejudice, hatred, and indifference. Highlights included a map of over 2500 WWII concentration camps and (pictured on right) a hologram Q&A session with a Holocaust survivor.

LOCAL RESOURCES

DCDS Peer Review

Peer Review remains at the top of the list for member benefit. Going through the process through DCDS Peer Review many times resolves the issue and avoids the patient going to the Texas State Board of Dental Examiners.

Notary

DCDS provides notary service to members for no fee.

DCDS Dental Assisting School

If you would like to host an extern in your office, please contact Ms. Angela Bush, Program Director, at angela@dcdsdas.org or call 972-386-5741 ext. 222.

Strategic Planning

DCDS has been involved in Strategic Planning for 33 years. The Strategic Plan has served as a road map to guide the Society to become the premier association it is today. The DCDS Strategic Plan is not one that sits on a shelf after completion. Each Board reviews it to ensure we stay on target of the goals and objectives. On March 31, 2023, DCDS leaders spent a day with a facilitator to go through the process again. Once reviewed and finalized, it will serve as the road map for 2023-2025. Several key ideas that were implemented as a result of the strategic planning process were purchasing the building that serves as the DCDS Executive Office and building the DCDS Dental Assisting School.

Legislative Team

TDA has a legislative team that represents and preserves the integrity of organized dentistry at the Texas Legislature. Currently, they are in Austin through May 2023 working on your behalf. If you have an issue or concern, you can reach out to them. They will listen and help to have your voice heard.

DCDS Members on TDA Board

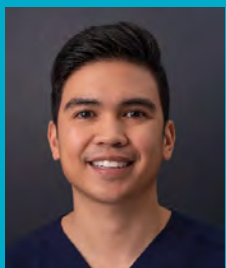
DCDS has three members currently serving on the TDA Board of Directors. If you have an issue or concern, please reach out to one of them:

- Dr. Jodi Danna, TDA Senior Director
- Dr. Jacque Plemons, TDA Editor
- Dr. Carmen Smith, TDA Secretary/Treasurer



New Dentists

News and perspective from dentists under 10 years of practice



by Noah Cruz, DDS

It's Gonna Be May.

For most, that's a reference to the 2000 hit song "It's Gonna Be Me" by NSYNC. For me, that signifies the beginning of summer and my five year mark of practicing dentistry. Quite a few things have changed in our field since 2018, and I still remember how stressful and exciting those times were. As the class of 2023 graduates in May, I'd like to share five things I've learned in my first five years in practice.

Social media

Let's get it out there. I love a good, fun TikTok, but the social media world is such a hard one to navigate. I've come to realize that doing these social media posts is a full-time job in itself. I've given it a fair shot, but my focus now shifts to providing the highest quality of care I can for my patients. What good is a comedic TikTok post if I can't provide the best dentistry for the patients that trust me with their dental work? I do believe there's a place for it, but with protected health information and patient privacy in mind, I've learned to keep it light. Focus on dentistry and being the best dentist I can be.

Stay humble

The worst feeling in the world (in my book) is when my work fails. I've had my share of failures. I've had my share of remakes. Don't let those get you down. Dentistry is a hard profession physically, mentally and emotionally. Instead of sulking about the mistakes, I learned from what I did wrong the first time and strive to do better each and every day. Be humble enough to accept that no matter what you do, another dentist will be better than you. Know that it's absolutely okay! Your only competition is yourself. Be a better dentist than you were yesterday.

Always improve your craft

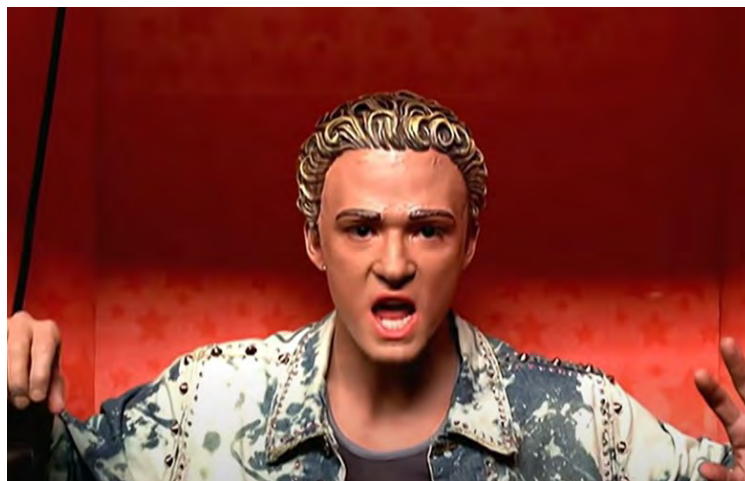
I've always told myself to learn new techniques and improve the ways I can provide care for my patients. Dental school provided us with the basics, but that's just it—the basics. Coming out of school, doing a root canal was the worst possible scenario. I once worked at an underserved area with no endodontists in the area. I forced myself to learn and be ready to do root canals. WaveOne used to be my enemy, now it's my best friend. Currently, I enjoy doing root canals. There's something peaceful about sitting for an hour or two with a single patient, and seeing the final x-ray go to length with sealer puffs (weird dentist stuff.)

Be nice to the people who work for you

Graduating dental school gave me the feeling of invincibility. I'm the doctor, or "I'm the Captain now." I've learned that no matter how great of a dentist you think you are, you are nothing without the assistants and staff that make your life just that much easier. Care for them, guide them, ask them how they're doing and help them however you can. You can do dentistry by yourself, but you can't do great dentistry without them.

Find peace

Dentistry will always have its challenges. My challenges right now involve insurance claims and how to handle these insurance companies. It's a pain. However, I always must remind myself to stop looking at the micro-perspective and look at the macro-perspective. The big picture. I own a clinic that I started from scratch. I don't have to see 40 patients per day like my old DSO. I can sit down and take my time getting to know my patients. I own a whole business that provides for me. It is always peaceful to look back and see how far we've come and be grateful that these challenges developed us to where we are today. It's easy to dwell on the problems we have, but we also need to appreciate that our profession is well compensated and there will always be a need for great dentists.



DCDS Member's Message Board

Upcoming Events

- May 8 – Retired Dentists Luncheon
- May 10 – Cocktails and Conversation: Preventive Mental Care
- May 12 – Basic Life Support/CPR
- May 18 – DCDS Installation Ceremony and Dinner
- June 3 – Ladies Tea
- June 25 – Musical for the Retired Dentists Group
- August 25-26 – Southwest Dental Conference
- September 9 – Mini Golf, Big Fun!



Register for these and more at www.dcds.org/events

Welcome New Members!

General Practice

- Mayra Estrada
- David Fagin
- Sixto Garduno Cogollor
- Claire Spence
- Avanika Khanna
- Yashmin Subba

Endodontics

- Kristine Knoll

In Memoriam:

- Dr. Jeffrey Colquitt
- Dr. Ellsworth Cundiff, Jr.

BLS/CPR Courses

Choose a Date | In-Person

Need to meet your bi-annual TSBDE requirement for Basic Life Support/CPR for your license renewal? DCDS is now offering a BLS (CPR and AED) Program, with the curriculum of the American Heart Association, to meet that requirement through the DCDS Dental Assisting School. You and your staff can now schedule a date and time to earn this continuing education credit. Training is held at the DCDS Headquarters.

- \$40 per DCDS Member or their staff
- \$65 per non-member or their staff

To start course registration, please [click here](#). For more information, contact Angela Bush, Program Director for DCDS Dental Assisting School, at 972-386-5741 x222 or angela@dcds.org today!





REACH OUT TO HELP ANOTHER DENTIST

Watching a colleague suffer and feeling helpless is difficult and heartbreaking. Dentists Concerned for Dentists is a 24-hour confidential alcohol and drug abuse hotline you can call for assistance.

Your phone call could be the lifesaving step for someone who is hoping and waiting.

- Founded exclusively to help dentists, hygienists, assistants and family members.
- No fees or charges.
- All contact is held in absolute confidentiality.

The Dentists Concerned for Dentists program provides a strictly confidential peer assistance program for health care professionals who struggle with drug and alcohol abuse. Please share this confidential hotline with your colleagues.

A confidential phone call may be the greatest gift a peer dentist, staff or family member could receive.

DENTISTS CONCERNED FOR DENTISTS

24-hour Confidential Hotline
214-206-7496

HELP YOURSELF

If you're in crisis, there are options available to help you cope. You can call the above hotline at any time to speak to someone and get support. For confidential support available 24/7 for everyone in the United States, you can also call the National Suicide Prevention Lifeline at 1-800-273-8255.

Need Meeting Space?

As a member of the DCDS, you can take advantage of low member rates when renting the Society's Executive Office for your next meeting.

The Dr. O.V. Cartwright Reception Hall is perfect for registration and a pre-function gathering.

The Dr. Paul P. Taylor Executive Board Room can seat 14 around a large conference table.

The Dr. D. Lamar Byrd Auditorium is 1,650 square feet of meeting space that can seat up to 200.

Audio/visual equipment is also available.

DCDS facilities include free parking, free wifi, use of small kitchenette, and ability to bring in food and non-alcoholic beverages.

For more info, contact Ashley Hawkins at 972-386-5741 x231 or email info@dcds.org.



DCDS Membership Benefits

Being a member of the associations that work to protect your profession is important to the success of a practice...pass along the benefits to your peers!

- Free registration to DCDS's annual Southwest Dental Conference
- Peer Review mediation service to reconcile complaints between patients and doctors
- Rent DCDS meeting facilities at special member rates
- Free or discounted continuing education via seminars & General Membership Meetings
- First opportunity to hire fully trained world-class assistants from DCDS Dental Assisting School
- Reduced cost in-person Basic Life Saving/CPR course
- Preprinted school excuse forms provided free of charge to dentists treating school-age children
- Confidential free notary public
- DCDS Connection, the bimonthly newsletter of Dallas County Dental Society (member advertising at reduced rates)
- Member mailing labels available for purchase
- Grassroots legislator contact program with state and national legislative representation
- License renewal reminders
- Networking/social opportunities with colleagues

DCDS members receive ALL membership benefits offered by Texas Dental Association, including free entry to TDA TEXAS Meeting.

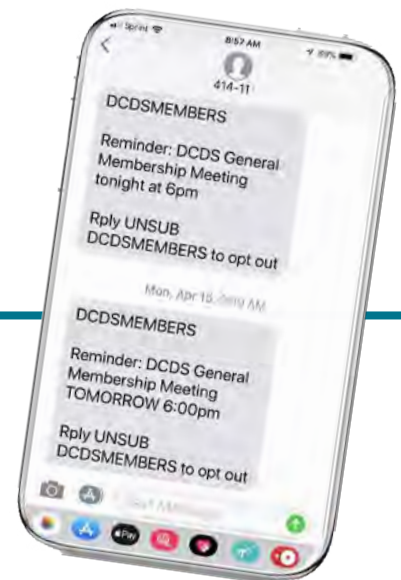
DCDS members receive ALL membership benefits offered by American Dental Association, including photo directory and public referrals through Find-a-Dentist.

www.dcds.org/membership

TEXT MESSAGE REMINDERS:

Text DCDSMEMBERS to (833) 258-7645.

Have you ever wished you could receive reminders for DCDS meetings and events? Do you forget to put events/meetings on your calendar? DCDS implemented text messaging so you will not forget another meeting. Just sign up and you will be reminded of future meetings and events.



Looking for a job? Have a position to fill in your office? Want to sell or buy office space and office equipment?

List it on the DCDS.org Job Bank/Practice Sales! Members list for free (\$75/month for non-members.) Email a brief summary (100 words or less, in paragraph format) of the post to: rosemary@dcds.org.



REGISTER NOW!



Click here to Join your DCDS Colleagues for Ladies' High Tea!

A visit to Lavendou Bistro Provincial is a retreat into the French countryside — a place where life is savored as much as the food.

The atmosphere will be warm and welcoming and the fellowship priceless!

Installation Dinner and Ceremony

IN HONOR OF

Sarah Tevis Poteet, DDS

AS INCOMING PRESIDENT AND THE
2023-2024 BOARD OF DIRECTORS, OFFICERS AND COMMITTEE MEMBERS

AND IN RECOGNITION OF OUTGOING BOARD AND COMMITTEE MEMBERS

DALLAS COUNTY DENTAL SOCIETY REQUESTS YOUR PRESENCE

May 18, 2023

HILTON DALLAS PARK CITIES

5954 LUTHER LANE | DALLAS, TX 75225

RECEPTION 6:30 P.M. | DINNER 7:00 P.M.

\$35 PER PERSON | BUSINESS ATTIRE
RSVP BY MAY 8, 2023 AT WWW.DCDS.ORG/EVENTS

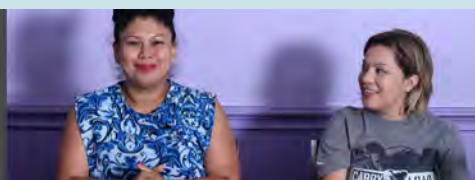
Attitudes and Attire Pro-Bono Support Needed

Dedicated to promoting personal growth for women seeking self-sufficiency, Attitudes & Attire's HOPEFUL Smiles™ program provides the tools to raise self-esteem, promote ethics and build the confidence necessary to develop successful life skills.

DCDS Foundation is a long-time supporter of Attitudes and Attire's HOPEFUL Smiles program to assist women who are in critical need of restorative dental care. Currently the program has a waitlist of 19 women who suffer from an impaired ability to smile, hindering them in both professional and social settings.

For more information, contact Lyn at 214.746.4215 or via email at lyn@attitudesandattire.org.

THE HOPEFUL SMILES™ PROGRAM HELPED ME WITH MY SMILE. I AM ABLE TO GO OUT ON MY JOB SEARCH FEELING SO GOOD ABOUT ME!
DONNA



SAVE THIS DATE!

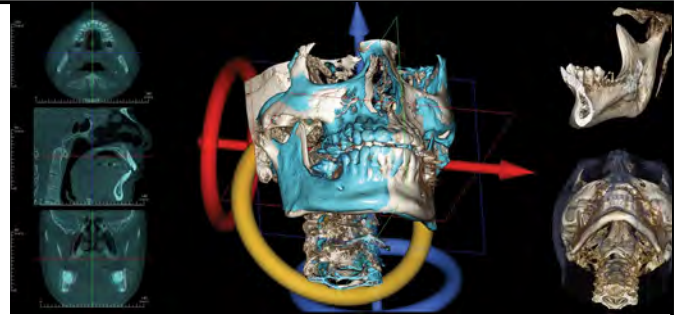
mini golf, big fun



SEPTEMBER 9

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Dr. Hui Liang DDS MS PhD, Dipl ABOMR, Professor

Dr. Mehrnaz Tahmasbi-Arashlow DDS, Cert (OMR), Dipl ABOMR, Clin Asst Professor

Ms. Crystal Malek: Clinic Coordinator, Imaging Center



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 - Eliminating IRS/Worker Commission issues
 - Manage all payroll withholdings
 - Send W-2s at end of each year
- Offering decades of unparalleled professionalism

COMING SOON - Online portal for scheduling with ease.



Texas A&M University School of Dentistry

By Kristen Tribe, Photo by Steven Crow

Crystal Charity Ball presents school with \$1.6M

The Crystal Charity Ball presented Baylor Oral Health Foundation and Texas A&M School of Dentistry with \$1.6 million Wednesday night, helping ensure a special care clinic will open on campus later this year.

Established in 1952 to aid children's charities in Dallas County, the nonprofit group committed to work alongside the school, granting it one of its largest awards for 2022.

Dr. Dan Burch, who will oversee the new clinic and is leading the Compromised Care and Hospital Dentistry Fellowship at the school, said The Crystal Charity Ball award was remarkable.

"It was a great feeling to find out they chose to partner with us," he said. "Every dental school should have a special care clinic or an inclusive clinic. It made me proud to know that A&M has a major part in helping this group of patients because there's almost 300,000 of them in the Metroplex."

Although people often associate special needs patients with special care dentistry, Burch explained it encompasses various areas. This includes hospital dentistry, disability dentistry and geriatric dentistry.

"There's a wide range of services that special care dentistry includes," he said. "It could be anything – from patients with intellectual delays to those with uncontrolled HIV to bariatric patients, even quadriplegic patients who are wheelchair bound and need more assistance.

"It includes a host of things that aren't normal in a typical dental clinic."

Burch said these patients often go without treatment or are herded to only one or two clinics in the area, putting a strain on those providers.

"Our goal is to train our students and residents to see a fair share of those patients to make it easier for those patients to have access to care

and not put so much of a burden on a handful of practices across the county," Burch said. "We're the safety net of North Central Texas, and with there only being a handful of places for them to go, knowing the dental school can be a long-term home for them is really, really important."

The Crystal Charity Ball Award, along with a generous donation from the Hillcrest Foundation, will cover the cost of staffing the clinic and support the program in its goal to become self-sustaining in three years.

The clinic is expected to open this fall on the eighth floor of the Clinic and Education Building. The school will also continue to support special care rotations at the outside clinics.



TEXAS A&M UNIVERSITY

School of Dentistry

Texas A&M School of Dentistry (formerly Baylor College of Dentistry) in Dallas is a part of Texas A&M University and Texas A&M Health Science Center.

Founded in 1905, the School of Dentistry is a nationally recognized center for oral health sciences education, research, specialized patient care and continuing dental education. Learn more at dentistryinsider.tamhsc.edu or follow @TAMUdental.



The Crystal Charity Ball check was presented to (from left) Mr. Ian Wilson, director of development, Texas A&M Foundation; Mr. Robert Bigham Jr., Baylor Oral Health Foundation president and treasurer; Dr. Alton G. McWhorter, department head of pediatric dentistry, Texas A&M School of Dentistry; Dr. Lily T. Garcia, dean, Texas A&M School of Dentistry; Dr. Dan Burch, program director, CCHD – Special Care Dentistry, Texas A&M School of Dentistry; Mr. Neal Adams, Baylor Oral Health Foundation board chairman; and Ms. Karen Slater, assistant vice president for development, Texas A&M Foundation.



2023 SOUTHWEST DENTAL CONFERENCE PROGRAMS

To register or for more information, go to swdentalconf.org.

FRIDAY, AUGUST 25

COURSE #	TITLE	CLINICIAN	TIME	EARLY BIRD	AFTER JULY 14
SPECIAL EVENTS					
F1	CE Express: See page 25 of Registration Brochure for clinicians/topics.		8:00 a.m.-12:00 p.m.	\$60	\$70
F2	Hygiene CE Express: See page 28 of Registration Brochure for clinicians/topics..		12:30-4:30 p.m.	\$60	\$70
WORKSHOPS					
F3	Oral Surgery for the General Practitioner Workshop	Edwab	8:00-11:00 a.m.	\$275	\$285
F4	Equipment Maintenance and Repair Workshop	Burkhart	9:00-11:00 a.m.	\$60	\$70
F5	Equipment Maintenance and Repair Workshop	Burkhart	1:00-3:00 p.m.	\$60	\$70
F6	"X" Marks the Spot: Technique Simulation for Local Anesthesia Workshop	Budenz	1:00-4:00 p.m.	\$195	\$205
F7	Oral Surgery for the General Practitioner Workshop (Repeat)	Edwab	1:00-4:00 p.m.	\$275	\$285
F8	The Exceptional Assistant 2023 Workshop	McDonald, III	1:00-4:00 p.m.	\$155	\$165
MORNING LECTURES					
F9	Numb, Numb-er, Numb-est: An Update on Local Anesthesia	Budenz	8:00-11:00 a.m.	\$40	\$50
F11	The Exceptional Assistant Lecture 2023	McDonald, III	8:00-11:00 a.m.	\$40	\$50
F12	Management of Patients with Dry and Burning Mouth	Plemons	8:00-11:00 a.m.	\$40	\$50
F13	The Acci-Dental Insurance Coordinator	Duncan	8:30-11:30 a.m.	\$30	\$40
F14	Inflammation, Chronic Disease and Oral Health	Jahn	8:30-11:30 a.m.	\$40	\$50
F15	A Refresher on Oral Cancer and Precancerous Lesions	Patel	8:30-11:30 a.m.	\$40	\$50
F16	Tips and Tricks for Treating Kids	Rothman	8:30-11:30 a.m.	\$40	\$50
F17	Creating and Sustaining a Positive Work Life: Breaking the Seven Habits of Negativity and Other Secrets of Getting Along	Callis-Birchmeier	9:00-11:00 a.m.	\$30	\$40
F18	The Periodontal Co-therapist: Practical Periodontology for the RDH	Hempton	9:00 a.m.-12:00 p.m.	\$40	\$50
F19	Disrupting Dentistry: A Patient Flow for the Future Part I	Johnson	9:00 a.m.-12:00 p.m.	\$40	\$50
F20	Diagnosis and Treatment of the Worn Dentition	Margeas	9:00 a.m.-12:00 p.m.	\$40	\$50
F21	Biological Concepts and Anatomical Root Canal Instrumentation	Setzer	9:00 a.m.-12:00 p.m.	\$40	\$50
F22	Five Steps to Practicing Dentistry Pain-Free	Valachi	9:00 a.m.-12:00 p.m.	\$40	\$50



2023 SOUTHWEST DENTAL CONFERENCE PROGRAMS

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FRIDAY, AUGUST 25

COURSE #	TITLE	CLINICIAN	TIME	EARLY BIRD	AFTER JULY 14
AFTERNOON LECTURES					
F23	Get READY for Rapid Change!	Callis-Birchmeier	1:00-4:00 p.m.	\$30	\$40
F25	Disrupting Dentistry: A Patient Flow for the Future Part II	Johnson	2:00-5:00 p.m.	\$40	\$50
F26	Forensic Dentistry: Bags, Bodies, Bites and Bones!	Kasper	1:00-4:00 p.m.	\$40	\$50
F27	Nobody Told Me That! Management Issues We Should Talk About	Duncan	1:30-4:30 p.m.	\$30	\$40
F28	The Oral Microbiome and the Link to GI Health	Jahn	1:30-4:30 p.m.	\$40	\$50
F29	The Black and White of Radiographic Pathology	Patel	1:30-4:30 p.m.	\$40	\$50
F30	The D's of Pedo: Diseases, Disabilities and Sleep Disordered Breathing	Rothman	1:30-4:30 p.m.	\$40	\$50
F31	Neck, Back and Beyond: Preventing Pain with Evidence-Based Ergonomics	Valachi	1:30-4:30 p.m.	\$40	\$50
F32	Vaping Revisited: The Kids Are Back in School, Now What?	Burdette	2:00-4:00 p.m.	\$40	\$50
F33	Save the Tooth or What's Next: Retaining the Natural Dentition vs Extraction and Alveolar Ridge Preservation	Hempton	2:00-5:00 p.m.	\$40	\$50
F34	Bioceramics Use in Endodontics: Obturation and Vital Pulp Therapy	Kohli	2:00-5:00 p.m.	\$40	\$50
F35	Techniques for the Everyday Dentist to Increase Profitability	Margeas	2:00-5:00 p.m.	\$40	\$50

SWDC APPRECIATION

SOIRÉE

FOR ATTENDEES AND EXHIBITORS

Join us at the SWDC for a fun networking soiree Friday, August 25 in the afternoon between 4:30-6:00 p.m. in the Exhibit Hall. Enjoy light hors d'oeuvres and cash bar as you mingle with colleagues and discuss new services and technology with exhibitors. All attendees and exhibitors are welcome. Badge is required for entry.





2023 SOUTHWEST DENTAL CONFERENCE PROGRAMS

To register or for more information, go to swdentalconf.org.

SATURDAY, AUGUST 26

COURSE #	TITLE	CLINICIAN	TIME	EARLY BIRD	AFTER JULY 14
SPECIAL EVENTS					
S1	ICD Breakfast (ICD Members Only)		7:00-9:00 a.m.	\$45	\$45
S2	Hygiene CE Express: See page 40 of Registration Brochure for clinicians/topics.		8:00 a.m.-12:00 p.m.	\$60	\$70
WORKSHOPS					
S3	Oral Surgery for the General Practitioner Workshop (Repeat)	Edwab	8:00-11:00 a.m.	\$275	\$285
S4	Crown Lengthening Workshop (Functional)	Hempton	8:00 a.m.-12:00 p.m.	\$275	\$285
S5	Anatomical Root Canal Instrumentation and Bioceramic Root Filling Workshop	Kohli/ Setzer	8:00-11:00 a.m.	\$195	\$205
S6	Anatomical Root Canal Instrumentation and Bioceramic Root Filling Workshop (repeat)	Kohli/ Setzer	12:30-3:30 p.m.	\$195	\$205
S7	Class IV Composites: Layering Techniques for Predictability and Success Workshop	Hartlieb	1:00-4:00 p.m.	\$225	\$235
S8	Dental Photography: The Shutter to Great Dentistry Workshop	Young	1:30-4:30 p.m.	\$175	\$185
MORNING LECTURES					
S9	Invisalign Consultation Workflow and Case Acceptance	Blacher	8:00-11:00 a.m.	\$40	\$50
S10	Why Free-hand Composite Dentistry is Still King in a Digital World	Hartlieb	8:00-11:00 a.m.	\$40	\$50
S11	Appliance Therapy in Everyday Dentistry	Lee	8:00-11:00 a.m.	\$40	\$50
S12	Prescribing Controlled Substances: Drugs, Monitoring and Standards of Care	Plemons	8:00 a.m.-12:00 p.m.	\$75	\$85
S13	Pursuit of Excellence: Optimizing Indirect Restorative Outcome...Material Selection and Clinical Application	Sulaiman	8:00-11:00 a.m.	\$40	\$50
S14	Diet Myths and Misunderstandings	Zerner	8:00-11:00 a.m.	\$40	\$50
S15	Soft Tissue Surgery in Esthetic Dentistry Part I	Allen	8:30-11:30 a.m.	\$40	\$50
S16	Invisible Pain: Realities Within the World of Autoimmune Diseases	Davis	8:30-11:30 a.m.	\$40	\$50
S17	Breathe Safe! Airborn Disease Standards and Prevention	Dorst	8:30-11:30 a.m.	\$40	\$50
S18	Emerging Trends in the Diagnosis and Management of Chronic Orofacial Pain	Gonzales	8:30-11:30 a.m.	\$40	\$50
S19	The Role of Digital Dentistry in the Contemporary Implant Practice	Keith	8:30-11:30 a.m.	\$40	\$50
S20	Oral Cancers - An Update on Diagnosis, Management and Oral Care	Schlieve	8:30-11:30 a.m.	\$40	\$50



2023 SOUTHWEST DENTAL CONFERENCE PROGRAMS

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SATURDAY, AUGUST 26

COURSE #	TITLE	CLINICIAN	START TIME	EARLY BIRD	AFTER JULY 14
<i>AFTERNOON LECTURES</i>					
S23	Soft Tissue Surgery in Esthetic Dentistry Part II	Allen	1:00-4:00 p.m.	\$40	\$50
S24	Clinical Confidence with Invisalign Treatment	Blacher	1:00-4:00 p.m.	\$40	\$50
S25	Emerging Trends in the Diagnosis and Management of Oropharyngeal Cancer	Gonzales	1:00-4:00 p.m.	\$40	\$50
S26	TMJ to Final Smile	Lee	1:00-4:00 p.m.	\$40	\$50
S27	Optimizing Clinical Outcome and Esthetics of Resin-based Direct Restorative Materials	Sulaiman	1:00-4:00 p.m.	\$40	\$50
S28	Food as Medicine	Zerner	1:00-4:00 p.m.	\$40	\$50
S29	Cannabis, Cancer and Chronic Pain: Exploring the Connections	Davis	1:30-4:30 p.m.	\$40	\$50
S30	Fight Dirty! And Keep It Clean	Dorst	1:30-4:30 p.m.	\$40	\$50
S31	Giving Patients What They Want...Immediate Satisfaction with Dental Implants	Keith	1:30-4:30 p.m.	\$40	\$50
S32	Medical Emergencies - Recognition and Management	Schlieve	1:30-4:30 p.m.	\$40	\$50
S33	Direct Materials Techniques and Technologies	Simas	1:30-4:30 p.m.	\$40	\$50



Registration Now Open!

2023 SOUTHWEST DENTAL CONFERENCE

AUGUST 25-26, 2023
HILTON ANATOLE DALLAS

Diversity + Inclusion

by Jon Vogel, DDS

June is National Pride Month



June is Pride month, a month specifically to recognize the LGBTQIA+ community. The month is meant to recognize the diversity within our community, the discrimination we have

historically faced and continue to experience, and the adversity we have overcome. Through these struggles and the AIDS crisis of the 80s and 90s, an organization was born that has become dear to my heart and the foundation of many people's lives—Resource Center.

Resource Center was established in 1983 as an alliance within the LGBT community of Dallas to advocate for equal rights. Back then, one could be fired from their job, dishonorably discharged from the military, denied admittance

to universities, prevented from seeing their loved ones in the hospital, and even imprisoned simply for being gay. Business owners and bars often experienced targeted harassment and unprovoked raids by police. The mission of Resource Center later evolved to fill the vacuum of neglect from the federal and state governments to address the AIDS epidemic and the community it primarily afflicted. Through the support of many, even those that succumbed to AIDS, the Center provided health, education and prevention, legal and eventually even dental services to the HIV/AIDS community.

In 1992, the Nelson-Tebedo Dental Clinic was re-established by Dr. Carole Ann Boyd after recognizing the need to provide dental care with dignity and respect to HIV/AIDS patients. At that time, patients with HIV/AIDS were outright denied care and rejected from both private and public dental offices. She served as the clinical director for over five years, and helped many not only attain good oral health, but also helped those that were terminally ill achieve their dying wish: to have teeth that could make them smile one last time.

My journey with the Center started on a more positive note nearly 30 years later volunteering at the Nelson-Tebedo clinic. There I solidified my desire to become a dentist. I distinctly remember that moment. We were in the operatory delivering a set of partial dentures. After seating the partials, I held up the mirror for the patient to assess. His face started to quiver, his eyes watered, and tears started to pour down his cheeks. Worried something was wrong, I inquired about his concerns to which he replied "No. No. This is the first time in over 10 years I have been happy to smile." I recognized

“I recognized the life changing power of dentistry and the ability our skillsets have to improve our patient’s health, both physically and emotionally.”

the life changing power of dentistry and the ability our skillsets have to improve our patient's health, both physically and emotionally.

I graduated dental school in 2018 from the University of Texas School of Dentistry - Houston where I started the first LGBTQIA+ student dental group, Pride in Practice. Coming full circle, I moved back to Dallas and eventually purchased the private practice of my esteemed colleague, mentor and good friend Dr. Carole Ann Boyd. In 2021, I was invited to serve on the Board of Directors of Resource Center, which has evolved so much since the early 80s. Today, it is one of the country's largest LGBTQIA+ centers, serving over 62,000 individuals annually. The services include every aspect of what is necessary for our community to thrive from medical to dental, behavioral health, hot meals, food pantry, social programming, education and prevention, and advocacy. As of May, we will be breaking ground on our senior living facilities to help the need of lower socioeconomic seniors live out the remainder of their life in an affirming environment.

Through my volunteerism with the Center, I have been able to serve patients directly and indirectly through fundraising, community advocacy, and by being a conduit connecting our community to the services they need. We are always looking for volunteers. If you or anyone you know is interested in volunteering with the dental clinic, or any of our other facilities, please reach out. Getting to serve Resource Center and my community has been one of the greatest joys of my life and has filled me with Pride.

Happy June. Happy Pride.



Alliance Contributions to Dallas County

by Nancy Cartwright

The Alliance of Dallas County Dental Society is a non-profit group dedicated to enhancing the practice of dentistry and promoting dental health awareness with service projects. For 99 years the Alliance has helped to improve dental health in Dallas County. Described here are just a few of the activities the Alliance does to fulfill its mission.

The Alliance began promoting good oral health in school with puppet shows about 45 years ago. Younger students are fascinated with a live puppet show, especially today in this age of electronics. At each program we present the students with toothbrushes and toothpaste.

At Heritage Village Dallas, a historical landmark depicting life in the late 1800s, the Alliance maintains the dental office that is furnished with equipment dating back to the turn of the century. It is decorated at Christmas each year. Schools in Dallas County visit on field trips.

Beginning in 2009, the Alliance has presented a program annually at the Senior Source of Dallas. Each year, we have provided a speaker and donated dental health supplies, including denture products, toothbrushes, toothpastes, mouthwashes, and information about low cost dental clinics.

The Alliance helps support local Texas Mission of Mercy efforts by volunteering and donating dental health items, and by helping provide scholarships to dental schools in Texas through the Texas Dental Association Memorial Fund, the Alliance has provided much needed funds to many dental students.

Membership in the Alliance is open to spouses and family members of DCDS members. For more information on ADCDS, please contact: adcgs2010@sbcglobal.net. To schedule a presentation or to volunteer, contact Betty Ball at bball.dentalhealth@gmail.com



Above: Alliance members at the DCDS Executive office, filling oral health kits that they will take to the Senior Source of Dallas.

Below left: Alliance members providing a puppet show on oral health at a Dallas elementary school.

YOU ARE CORDIALLY INVITED

*Retired Dentist's
Spring Luncheon*

Monday, May 8, 2023 | 12:30 pm
Cappucino Italian Bistro
1310 West Campbell Rd, Ste 135
Richardson, TX 75080

RSVP: ASHLEY@DCDS.ORG



...continued from page 1

Pharmacotherapy

The goals of pharmacotherapy in orofacial pain and sleep disturbances will vary depending on the specific diagnosis and individual patient characteristics but will have the common objective of reducing pain and improving sleep. Mild analgesics are commonly used alone or in combination with muscle relaxants or other sedating agent to help manage some orofacial pain conditions. Benzodiazepines, which act on gamma amino butyric acid (GABA) A receptors in the CNS, tend to shorten sleep latency and increase sleep duration in most individuals. They are anxiolytic and sedating and have demonstrated positive outcomes in chronic TMD pain^{24, 25} and in patients with SB.²⁶ However, benzodiazepines will tend to decrease REM stage sleep.²⁷ Cyclobenzaprine, used commonly in the management of musculoskeletal pains, is frequently used in the management of muscle related TMDs. It has been shown to be beneficial in reducing morning TMD related pain as well as improving subjective sleep quality.²⁸ Duloxetine, a selective

serotonin and norepinephrine reuptake inhibitor (SNRI), is approved by the US Food and Drug Administration (FDA) for the treatment of widespread pain/fibromyalgia. While there appears to be an increase in deeper stages of sleep with duloxetine, REM stage sleep is often suppressed.²⁹ Other medications, such as tricyclic antidepressants (e.g., amitriptyline) have mild to moderate positive effects on both pain and sleep. The positive effects of amitriptyline have been documented for the management of some orofacial neuropathic pains³⁰ as well as chronic tension-type headache.³¹ Gabapentin, and pregabalin, which appear to work at the voltage sensitive calcium channels, also appear to improve pain and sleep quality and continuity.³² The use of opioids in the management of chronic pain is still common despite the potential for tolerance and substance use disorders, as well as the development of opioid induced hyperalgesia. In addition, the risk of respiratory depression associated with opioid use is of significant concern, particularly in patients with SRBDs.

While it has been traditionally believed that some psychotropic medications may induce or worsen both awake and SB, a recent review found that there is insufficient evidence to draw any such conclusions.³³

Conclusions

Sleep is a vital physiologic activity that normally occupies approximately a third of an individual's life. There appears to be a bidirectional relationship between pain and sleep. Sleep disturbances and sleep disorders can lead to pain disorders and can negatively impact pain management, and acute and chronic pain conditions can disturb sleep. Dental teams should be acutely aware that many patients presenting with orofacial pains frequently suffer with sleep disorders. When sleep disorders are suspected in the orofacial pain patient, the team should understand their role in screening and how to make the most appropriate referrals for accurate diagnosis and comprehensive care. In addition, the dental sleep medicine team should be acutely aware of the impact of any existing orofacial pains, including TMDs may have on their ability to successfully manage SRBDs.

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Preventive Mental Care

ALICIA SPENCE, DDS



Dr. Alicia Spence is a graduate of Rice University. She received her DDS degree from Texas A&M University (Baylor College of Dentistry) in 2012. She spent 5 years as an associate dentist here in Dallas, treating mostly geriatric and memory care patients. She is now a full-time Clinical Assistant Professor at Texas A&M School of Dentistry. Her areas of teaching include operative dentistry, removable prosthodontics, and ethical practice. She is also the Director of Diversity, Equity, and Inclusion at TAMU School of Dentistry. Dr. Spence married her college sweetheart, Kendall, in 2010 and they have three children, ages 4, 9 and 11. She enjoys cooking, dancing and spending time outside with her family.

Dentists are prone to anxiety, depression and other mental health issues due to the stressful nature of their healthcare profession. The physical nature of their work, the tendency to be perfectionistic, the financial pressures of owning a business, the personal demands of their patients, the responsibility of leading an office, hectic appointment schedules and the added stress of living through a pandemic have taken a significant toll on dentists' overall mental health and wellness. This lecture focuses on strategies and tools that dentists can implement to support their own wellness and that of their dental team.

Audience: Dentists, Office Staff
 AGD Code: 750
 CE Hours: 1 technical and/or scientific
 CE Verification provided

Sponsored by:
 DCDS Diversity & Inclusivity Committee

Learning Objectives:

- Review case-based studies relevant to mental health issues among dentists
- Understand stress management techniques for the dental team
- Determine wellness events that dentists can start in their own practices
- Discover what mental health resources are available to dentists and their teams

ONLINE REGISTRATION REQUIRED FOR THIS VIRTUAL COURSE BY MAY 3, 2023.

Register online at www.dcds.org/events.
 A link to the 6:00 p.m. session will be sent to your email address.

DCDS Members	Free	Non-member dentist	\$25
DCDS Member staff	Free	Non-member staff	\$25
Students	Free		

Cancellation Policy: The cancellation/refund deadline is May 3, 2023. A 20% administrative fee will be assessed for all cancellation requests on or prior to this date. Since this is a limited attendance course, "no shows" will forfeit the full course fee. No refunds will be granted after May 3, 2023.



MAY 10

REGISTER TODAY AT WWW.DCDS.ORG/EVENTS

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 is an ADA CERP recognized provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Dallas County Dental Society designates one (1) credit per hour for CE activities, unless otherwise noted.

Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ada.org/goto/cerp.



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Your DCDS Foundation at Work!

Charity Dental Summit IV

Sharing information, opening lines of communication and providing pathways for partnerships are the goals of the annual Charity Dental Summit in Dallas. Organized by Dallas County Dental Society Foundation in its mission to improve and enhance oral health in the local community, the event observes its fourth year.

This year's Summit was attended by executive directors, lead dentists and key personnel from Agape Clinic, Alliance to the DCDS, Baylor Scott & White Health, Family Place, Grace Center Texas, Mission East Dallas, North Dallas Shared Ministries, Resource Center, Texas A&M School of Dentistry and Union Gospel Mission.

Summit Chairman Dr. Robert G. McNeill moderated the evening, with the charitable dental care providers working in small groups to present their organization's specific strengths, weaknesses, opportunities and threats. Individuals also shared specific best practices for other organizations to use.

"Our intent was to bring together groups that were doing similar things, hear their successes and challenges to figure out how we could help as a Foundation" states



Dr. McNeill. "What we learned is that by connecting these groups, they ended up helping one another as they all care for unmet oral health needs of the community".

Dr. Michael Rainwater, President of DCDS Foundation, led one of the breakout groups. He also appreciated the valuable networking that the Summit provides. "Charity Dental Summit in Dallas has resulted in these charitable organizations collaborating on events, sharing

ideas, some have built working relationships in addition to sharing resources. The net gain is better service, better care, better community in Dallas County."

The leader of another breakout group, Dr. Bill Gerlach, remarked upon the energy felt during the meeting. "The room's passion was palpable. The dental and medical professionals had a strong desire to make the world a better place, fully committed to helping others. The evening was inspiring, and the Dallas County Dental Society Foundation was honored to facilitate the event and the subsequent networking connections."



TMOM - Bonham

Thank you to everyone who came from across the state to volunteer at the April 14-15 Texas Mission of Mercy event in Bonham last weekend! With 20 chairs, we were able to help the North Texas Dental Society in giving many people their smiles back: 300 people, 1922 treatments, \$385,490 in services averaging \$1282/patient.

DCDS Members, including Drs. Michael Rainwater, Jon Williamson, Stephanie Ganter, Mary Swift, Carmen Smith, Chris Miller, Todd Ayars and Robert G. McNeill, joined TDA President-elect Dr. Cody Graves and a great group of dental students from Texas A&M College of Dentistry in providing care at the event. Many thanks also to Griffin Lab for their help with removeables!



Local Health Fairs

DCDSF supports local health fairs by providing volunteers and oral health kits. Pictured above (l-r) are pre-dental student Snigdha Singh and Dr. Melon Nega, who provided oral health instruction at the First Christian Methodist Church Community Health Fair in Southeast Dallas.



TO VOLUNTEER

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TO GIVE

DCDS Foundation is now an eligible charity listed on AmazonSmile. This program through Amazon donates 0.5% of the price of eligible smile.amazon.com purchases to the Foundation when selected by customers. Our unique charity link is <https://smile.amazon.com/ch/75-2790709>.



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Now is the time to register at www.swdentalconf.org for the 2023 Southwest Dental Conference! The Conference will be held August 25-26 at the beautiful Hilton Anatole Dallas.

Register you and your entire team NOW to ensure the classes you want and to save money. After July 15, 2023, there will be a \$50 fee per person increase for registration, including for DCDS members.

In addition to registering for the amazing courses at the 96th Southwest Dental Conference, you will want to register now for a hotel room at the Hilton Anatole. Family and staff are sure to enjoy the many amenities the Anatole offers during the conference, including the beautiful JadeWaters Resort Pool Complex.

Consider the 2023 Southwest Dental Conference the perfect time for team building and motivating your entire staff. There are definitely courses for every member of your team. Check out April Callis-Birchmeier's course, Get READY for Rapid Change, or Dr. Bob Margeas' course, Diagnosis and Treatment of the Worn Dentition, as possibilities for the entire team.

The Exhibit Hall will be buzzing with excitement during the conference. You won't want to miss our Soiree on Friday afternoon between 4:30-6:00 p.m. in the Exhibit Hall. Enjoy light hors d'oeuvres and cash bar as you mingle with colleagues and discuss new services and technology with exhibitors.

Looking forward to seeing everyone at the 2023 Southwest Dental Conference!



Dr. Celeste Latham
 2023 Southwest Dental
 Conference Chairman

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