November/December 2022 Volume 15, Issue 6

connection

Official Publication of DCDS A tradition of integrity and care since 1908



Mission Statement

Serving the professional needs of our members

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Session Update

From the 163rd Annual ADA Session in Houston

by Brad Crump, DDS, MS 15th Trustee District Delegate to the ADA House of Delegates

he 15th Trustee District Delegates from the state of Texas convened in Houston October 14-18 at the 163rd Annual Session of the American Dental Association House of Delegates to conduct the business of the ADA and to elect and install Officers and Trustees of the Association and its component Trustee Districts.

The most exciting news was the announcement that our own District 15 Trustee Dr. Craig Armstrong from Houston will be running for the office of President-Elect of the ADA.

The announcement begins the launch of Dr. Armstrong's campaign this next year with the election occurring at next year's ADA meeting in Orlando. Furthermore, Dr. George Shepley was installed as the new president of the ADA and Dr. Linda Edgar and Dr. David Manzanares were elected as the ADA President-elect and ADA 2nd Vice-President-elect respectively.

Regarding governance resolutions that the House of Delegates considered and approved: the resolution considering the much-anticipated change in the ADA governance structure to



George Shepley, DDS, was installed as the 159th president of the ADA at the House of Delegates. Click here to read more.

Strategic Forecasting was approved. What is Strategic Forecasting you ask? The Strategic Forecasting style of governance supports overall business innovations of the Association and is a best practice of Agile, which you may recognize as a project management approach that allows for iterative, continuous improvement allowing the ADA to stay on track towards its goals, while remaining flexible along the way. The strategic plan of the ADA, Common Ground 2025 sets the goals of the Association, and the Strategic Forecasting empowers the ADA to continually assess the environment and make changes to the strategy based on current context – and not that of the year the strategic plan was developed. The House of Delegates will determine the ADA's long range strategic forecast but will also vote annually to approve modifications that are proposed based on ADA member needs and events during the year. Strategic Forecasting is not about moving the goal post; instead, it allows the ADA to adapt to what's happening in a given moment while still progressing towards important targets.

> Other resolutions of interests were resolution 209RC which proposed the addition of a new membership category for dental team members was defeated. Resolution 201 considered the budget of the ADA was approved with the net dues increase (Resolution 202) of \$18.00/ year bringing the total dues for the ADA to \$600.00/year. This increase in dues was needed to defray costs associated with replacing the Associations management software Aptify to a new operating system called Fonteva and for the implementation of the new Strategic Forecasting Governance model.

The Write Stuff

Mary Swift, DDS, President

Help Wanted Signs



started my career in dentistry as a chairside assistant. My first job was knee to knee with Dr. Barton Glaser. Dr. G was a wonderful dentist, and I learned a lot from him. Back then I was the

youngest and newest member of his team. Most of his staff had been with him 20 plus years already. Dr. G and his team were more like family to each other than co-workers and they embraced me as part of that family. Life was simpler back then. Finding and keeping the best dental assistants to join our work families has not been easy these days.

Staffing issues are a big problem in our offices right now. Everything I'm reading says the dental industry has recovered well, but the "great resignation" as the experts are calling it has left many offices with open positions on their teams. Assistants and hygienists left during the pandemic and didn't return, leaving many offices in need of chairside assistants.

Dallas County Dental Society opened a beautiful new state-of-the-art dental assisting school shortly before Covid changed our world. DCDS Dental Assisting School (DCDSDAS) graduated a handful of students before the pandemic, and even several during the last two years, but enrollment continues to be low.

DCDSDAS graduates receive individualized instruction and immediate job placement after graduation, so the hiring offices are happy to grab them up. Great news for the graduates, but we need a lot more enrollees if we are really going to be able to help our doctors with staffing shortages.

In addition to using Google ads, marketing for DCDSDAS pre-pandemic was mostly done at career fairs. During Covid, those types of events shut down and have only recently started back up. The school's program director was able to attend some recruiting events this past spring, but DCDSDAS class sizes are still small.

We need a grass roots initiative to pump up class sizes, with DCDS membership talking about and promoting the program. I've asked the DCDS Board of Directors to keep an eye out

for potential students, and I ask the same from you. We have the opportunity, with our patients and their families and with our staff and their families, to open the door to a great career for someone returning to the workforce or someone seeking a career change. Passion for dentistry "runs in the family" and some of our own staff members may have a child or grandchild interested in the dental field.

So, get your 30 second "elevator pitch" prepared for the DCDSDAS program. Angela Bush, Program Director for DCDSDAS, offers this overview to assist you when faced with a prospective student:

"Did you know that you can be trained for a fun and rewarding career in just 12 weeks? If you love working with your hands on a wide variety of tasks and procedures, and if you think you would love working with the patients to make their dental experience great, then dental assisting may be just the thing for you. Giving people their smile back is my favorite part of dentistry!

You should look into the DCDS Dental Assisting School, run by our dental society. The school prepares you to work side by side with a dentist, and we have a pool of over 1000 dentists who specifically look to this school to hire world-class dental assistants. Classes are only 16 hours per week, plus you're placed in an externship to get experience. The school also helps you with resume building, interviewing, and job placement. Go online at DCDSDAS.org for more information."

DCDS Dental Assisting School has the potential to help our members with the current staffing shortage. The program graduates well trained, well vetted assistants and DCDS members have priority access to new graduates.

Dentistry is an exciting and rewarding career, and chairside assisting was a great way to start my career path. I believe it made me a better dentist.

So, let's spread the word and fill the classes! Contact the DCDS office if you need brochures on the dental assisting school for your reception area, and make sure you let DCDS know if you are in need of an assistant so we can match you with a graduate.



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Contributions: articles, letters to the Editor. announcements, advertisements, or other materials submitted for inclusion in DCDS Connection should be submitted electronically via email to the managing editor. Submissions must be received by the second Friday of the month prior to the month of publication. Acceptance of any submission is at the discretion of the Editor, and subject to editing for brevity or content. Anonymous letters or contributions will not be considered for publication. All submitted items must be accompanied by contact information, including the author's name, mailing address, telephone and/ or email address. Illustrations should be submitted as .jpeg, .pdf, .eps or .tiff files. Photographs should be high resolution (300 dpi or better) and include a copyright release or statement of permission. Display and classified advertising will be accepted from reputable firms or individuals on a space-available basis in accordance with DCDS Guidelines. For current advertising rates or more information call 972-386-5741 X 225, or email rosemary@dcds.org.



Impressions

Happy Team, Happy Life!



ow does the saying go, "Happy wife, happy life?" Well... I think the same rings true in a dental office, "Happy team, happy life." The big questions around this as a business owner are how do I retain a

team, how do I keep that team happy, and how do I run a successful practice?

One of the biggest mistakes I've made is not realizing what makes my staff members happy. Every business owner thinks they are appreciative of all the hard work their staff does, but the real question is do your team members feel that appreciation? I think the key is knowing their Love Language. Recently, I was told by one of my team members that I need to make them feel more appreciated by doing team activities out of the office. They want to bond together out of the office and doing so helps them know that I'm setting time aside to recognize them.

Growing up, I lived at my dad's ENT office. I've always tried to emulate his practice philosophy. He is the most loving boss and has retained his staff for more than thirty vears. He considers them more like family. On top of that, they eat lunch together everyday and know about each other's lives. I truly think that is the secret: make your team feel safe and trusted like family while still maintaining healthy boundaries. This leads to very loyal staff!

One of the worst times as a dental practice owner comes when you have turnover. The key is to avoid staffing shortages at all costs. How do you accomplish this? The answer is easy — show your team love and appreciation and invest in them! Take time to go to CE courses, have regular staff meetings, and open communication in the office. This allows for retention of skills and keeping strong systems in place. Listen to your team. If you know that someone is having a rough day talk to them. Allow them to know that you care and are there to help. Also, surprise the office with lunch

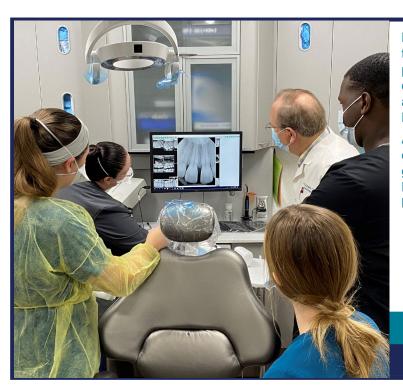
Editorial by Jordana Contrucci Ruiz, DMD, Editor

Take care of your people and they will take care of you to ensure your practice is successful!

every once in a while! A small gesture will make the world of a difference and mean so much to them.

I've listened to my team and am speaking their "Love Language." In doing so, I've decided to close the office early occasionally to plan fun activities outside the office. Most recently we went to an escape room and Painting with a Twist.

Today I have a happy team that feels heard. But remember, times change and it's important to not get complacent. Keep your eyes and ears open to make sure everyone is happy. Take care of your people and they will take care of you to ensure your practice is successful!



Dentists are looking for dental assistants who know more than just the basics. They need specialized assistants who can take x-rays and perform CPR. They need assistants who have foundational knowledge of nitrous oxide sedation and are HIPAA/OSHA proficient. They need assistants who are trained to work as part of a dental team. DCDS Dental Assisting School teaches these skills.

As a member benefit, DCDS dentists are given the unique (and first) opportunity to hire new, fully trained dental assistants from each graduating class. For more information, please contact the Program Director, Angela Bush, at angela@dcds.org or visit https://www.dcds.org/dental-assisting-school.



NOW ENROLLING STUDENTS FOR JANUARY 5 SESSION

Follow on Social Media:









From The Hub

Updates



Members' emails/ phone numbers

Please note our policy that the team at the DCDS Executive Office does not give out emails or phone numbers. If another member calls for the information we

will reach out to the member for permission to give their email or phone number. Also, we never sell email addresses.

Veterans' TMOM

How exciting it was to host a prescreening in the DCDS Dental Assisting School for the upcoming Dallas Veterans' TMOM to be held November 4-5, 2022, in Garland. The veterans are very appreciative of the service we offer. Dr. Michael Rainwater has a servant heart and works tirelessly to make sure each event DCDS Foundation hosts is a success. He may set the record for the most prosthetics delivered at a TMOM. It just takes one patient with that special smile to keep you going. If you have not volunteered before, please consider doing so. See more information on pages 18-19.

SWDC

The Southwest Dental Conference sends surveys to attendees and exhibitors to gain perspective on how the Conference was perceived. Prize drawings are done from each group as incentives to respond. This year's winner of the SWDC Attendee Survey drawing was DCDS member Audrey Miles, who will receive a \$200 credit towards registration for the 2023 SWDC. Corporate winner of the SWDC Exhibitor Survey drawing is Sterisil, which receives a \$500 credit towards booth space registration for 2023 SWDC. Many thanks to all who responded to our surveys so that we may continue to improve our Conference each year!

Scammers

Last month, the TDA received information from a Texas dentist contacted by someone claiming to be with the Texas Dental Association. This person told the dentist that her license was under review for issuing fraudulent DEA scripts. The phone number was masked to appear as if the call was being made from the TDA office. Unfortunately, this is possible for scammers when using digital phone platforms. The call did not originate from TDA or TDA staff, and the DEA was notified. If you receive a call like this, please report it to us immediately.

Committee Interest Form

If you would like to serve as an elected, appointed or ad-hoc committee member of DCDS for the 2023-2024 fiscal year, please fill out the form on page 21. Voting for elected positions will take place at the February General Membership Meeting. Committee members roll on/off their groups immediately after Installation of Officers each year, unless otherwise noted.

by Jane D. Evans, Executive Director



DCDS Retired Dentists connecting at a luncheon in October. Next up for them is a tour of the George Bush Library on November 3rd.

'Appiness Awaits You in the Galapagos Islands

The re-imagined ADA Member App is taking membership to new places, so to celebrate its release we want to send you to new places.

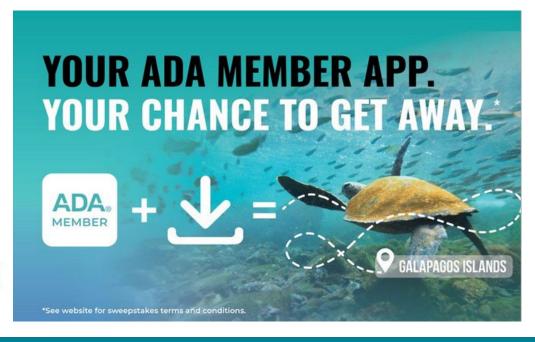
Enter to win a trip for two to the Galapagos Islands, including airfare, accommodations and meals.* One lucky winner and their guest will be swept off their feet and taken on a 10-day destination of discovery through AHI Travel.

To enter, download the ADA Member App and submit your entry form!

App Store

Google Play

^{*}See terms and conditions for sweepstakes rules.



New Dentists

The First Five Years

mentor once told me, "You will learn more about yourself in the first five years of practice. You won't feel like you know what you're doing until about after year five." This was discouraging to hear as a new dentist, especially after completing eight years of advanced education and dedicating the prime of my twenties towards achieving my dream career. Now that I have officially reached my five-year anniversary in practice, I can confirm that there is something significant and formative about the early years after graduation. Reflecting back on my post graduate years, I asked myself if I considered myself to be successful. Then I thought, what does it even mean to be successful?

My definition of success evolves and changes as I learn and grow. As a newly graduated dentist, my naiveté led me to believe that success was solely correlated to some finite dollar amount. I arrived at this assumption through what I had seen on social media. My Instagram feed was peppered with posts from influencer dentists flaunting extravagant

lifestyles and photos documenting flawless clinical results. I had to remind myself (and still do) that the viewer is only shown a glimpse into the poster's day or life—everything appears to be perfect on social media. The first lesson I learned in defining my own success follows the old adage, "comparison is the thief of joy." I became more confident when I stopped comparing myself to others' vision of what it means to be successful. This confidence has helped me unlock the next piece of the puzzle towards defining my own terms of "success."

I began to find happiness through embracing my own personal victories after realizing that my own definition of success may look different from someone else's. These first five years of practice have been filled with opportunities worth celebrating and learning from. The most difficult experience I've encountered happened a year after graduation. My boss and mentor passed away unexpectedly only a month after I had joined his practice. Initially, I was paralyzed by fear and resented the fact that I was left without any guidance on how to manage a practice I was still becoming familiar with. I worked

Each person's definition of success changes and develops to fit his or her values and beliefs. My recipe for my own definition of success includes: avoiding comparison to others, finding fulfillment through focusing on the good and learning from the difficult, and maintaining a healthy work/life balance.

through the challenging situation one step at a time, asking for help from mentors when needed. This experience was particularly difficult; however, it taught me invaluable lessons about remaining positive when faced with adversity. Learning to focus on the good in any situation has allowed me to appreciate my own journey. I found general dentistry to be overwhelming as a new dentist, but learning to take the easy with the difficult has allowed me to find fulfillment while falling back in love with art of my craft.

I love my career because it brings me joy and a sense of fulfillment, but I refuse to let it define who I am. I struggled with this concept for at least the first three years of my career. I had an unhealthy obsession with focusing on achieving perfection and ticking all the boxes towards someone else's idea of success—my whole world was dentistry. Part of appreciating dentistry again meant letting go of my obsession with achieving unrealistic goals of perfection and leaving work at the office. Instead, I try to remind myself that my job allows me the privilege to improve the lives of my patients. At the end of each day, I try to think of one thing I did that day that made me feel proud. Maintaining a healthy work/life balance is something I'm constantly working towards; however, I've learned to be more

Passing the famous five-year mark does feel like a major milestone. In the past five years, I've learned that success is a term that is individualized to each person and is ever evolving. Each person's definition of success changes and develops to fit his or her values and beliefs. My recipe for my own definition of success includes: avoiding comparison to others, finding fulfillment through focusing on the good and learning from the difficult, and maintaining a healthy work/life balance. The five years after graduation are hard, yet important. The advice I have for my younger self would be to savor the five years after graduation for all the priceless lessons they bring.

intentional with my time. I feel most successful when my work life is balanced with my life at home.

News and perspective from dentists under 10 years of practice



by Gabrielle C. Dizon, DDS

DCDS Member's Message Board

Upcoming Events

November 3 – Cocktails and Conversations Modern Endodontics: What has Changed

November 15 – General Membership Meeting: Prescribing

Controlled Substances and TDA Update

February 3 - Give Kids a Smile

February 15 – TDA Legislative Day in Austin

February 21 – General Membership Meeting: Therapeutic of Botox for TMJ and Smile Enhancement: Give it a Shot

March 24-25 – The PEEL Technique:

A New Paradigm in Pediatric Tongue-Tie Treatment: A Two-day Course

April 18 – General Membership Meeting:

Osteonecrosis and Osteoradionecrosis: Dead Bone and Dentistry



Register for these and more at www.dcds.org/events

Welcome New Members!

General Practice Mustafa Al-Arab

William Austin
William Banister
Hailey Bivens
Emily Camara
Kemar Clarke
Martin Curiel
Keane Fedosky
Ernest Garza
Xavier Goode
Josephine Guagliard

Yohannes Hadera Ali Hasoon Govind Harihara Rami Hritani Amanda Hsieh Caitlinn Kolibaba Jun-Kyu Kwak Katie Melich Christina Nguyen Elisheva Niedelm J. Jerome Petro Juliana Ryan Victoria Scarpa Margaret Shaw Sarah Stein

Ellen Stewart Claudia Vargas Daniel Vo Minh Vo Felix Wangsaw Payam Zohdi

Edodontics

Alex Chavez

Pediatric Dentistry

Ramon Torrado Calvo

Periodontics

Nai-Wen Chang

In Memoriam:

Thomas Blaylock

John Nelson

Robert Sanders, Jr.

Chester Spencer Jr.

Harry Sugg



Watching a colleague suffer and feeling helpless is difficult and heartbreaking. Dentists Concerned for Dentists is a 24-hour confidential alcohol and drug abuse hotline you can call for assistance.

Your phone call could be the lifesaving step for someone who is hoping and waiting.

- Founded exclusively to help dentists, hygienists, assistants and family members.
- No fees or charges.
- All contact is held in absolute confidentiality.

The Dentists Concerned for Dentists program provides a strictly confidential peer assistance program for health care professionals who struggle with drug and alcohol abuse. Please share this confidential hotline with your colleagues.

A confidential phone call may be the greatest gift a peer dentist, staff or family member could receive.

FOR DENTISTS

24-hour Confidential Hotline 214-206-7496

HELP YOURSELF

If you're in crisis, there are options available to help you cope. You can call the above hotline at any time to speak to someone and get support. For confidential support available 24/7 for everyone in the United States, you can also call the National Suicide Prevention Lifeline at 1-800-273-8255.

Need Meeting Space?

As a member of the DCDS, you can take advantage of low member rates when renting the Society's Executive Office for your next meeting.

The Dr. O.V. Cartwright Reception Hall is perfect for registration and a pre-function gathering.

The Dr. Paul P. Taylor Executive Board Room can seat 14 around a large conference table.

The Dr. D. Lamar Byrd Auditorium is 1,650 square feet of meeting space that can seat up to 200.

Audio/visual equipment is also available.

DCDS facilities include free parking, free wifi, use of small kitchenette, and ability to bring in food and non-alcoholic beverages.

For more info, contact
Ashley Hawkins at 972-386-5741 x231 or
email info@dcds.org.





DCDS Membership Benefits

Being a member of the associations that work to protect your profession is important to the success of a practice...pass along the benefits to your peers!

- Free registration to DCDS's annual Southwest Dental Conference
- Peer Review mediation service to reconcile complaints between patients and doctors
- Rent DCDS meeting facilities at special member rates
- Free or discounted continuing education via seminars & General Membership Meetings
- First opportunity to hire fully trained world-class assistants from DCDS Dental Assisting School
- · Reduced cost in-person Basic Life Saving/CPR course
- Preprinted school excuse forms provided free of charge to dentists treating school-age children
- Confidential free notary public
- DCDS Connection, the bimonthly newsletter of Dallas County Dental Society (member advertising at reduced rates)
- · Member mailing labels available for purchase
- Grassroots legislator contact program with state and national legislative representation
- License renewal reminders
- Networking/social opportunities with colleagues

DCDS members receive ALL membership benefits offered by Texas Dental Association, including free entry to TDA TEXAS Meeting.

DCDS members receive ALL membership benefits offered by American Dental Association, including photo directory and public referrals through Find-a-Dentist.

www.dcds.org/membership

TEXT MESSAGE REMINDERS:

Text DCDSMEMBERS to (833) 258-7645.

Have you ever wished you could receive reminders for DCDS meetings and events? Do you forget to put events/meetings on your calendar? DCDS implemented text messaging so you will not forget another meeting. Just sign up and you will be reminded of future meetings and events.



Looking for a job? Have a position to fill in your office? Want to sell or buy office space and office equipment?

List it on the DCDS.org Job Bank/Practice Sales! Members list for free (\$75/month for non-members.) Email a brief summary (100 words or less, in paragraph format) of the post to: rosemary@dcds.org.

www.dcds.org



Knowledge Sharing

Catch up on news and information that other DCDS members would like to share through DCDS News on our website: https://www.dcds.org/news-media/dcds-news. If you have a topic you would like to provide to your peers on our website, please contact Dr. Gabby Dizon at gabrielledizondds@gmail.com. Recent topics include these below...click to read on!

Oct 25, 2022



by Andrea Sauerwein, DDS

Giving Back to Your Community

The importance of giving back to your community can have positive benefits as not only a practice builder, but can also achieve a level of self-fulfillment not often recognized.

Sep 1, 2022



by Noah Cruz, DDS

Dentistry and Pumpkin Spice Season

Summer has come and gone. Pumpkin spice latte season has begun. School is back in session and our clinics seem a bit calmer than usual. We have our seasons in this profession and it seems to me that September along with March are some of our not-so-chaotic months. Could back-to-school be the main culprit? Or would that be too easy of an explanation? Whether

the lull is good or bad, there are many ways we can practice resiliency through the times ahead and find ways to improve.

Aug 15, 2022



by Gabrielle Dizon, DDS

Meet the Teacher- Dental School Edition

'Tis the season... back to school season that is. "Meet the Teacher" night traditionally marks the end of summer break and commences the new semester. To celebrate the upcoming school year, I interviewed my good friend and colleague, Dr. Emily Eggart, a clinical professor at Texas A&M University

College of Dentistry. Follow along for her perspective on current dental education trends, why she decided to teach and her thoughts about the future of our profession.

PRO BONO HOURS

Dallas County Dental Society is interested in learning about the amount of pro bono care our members provide. The pro bono care you provide makes a positive impact on your patients' lives. It also makes a positive impact on DCDS' legislative efforts with the Texas Dental Association on your behalf.

Please help our legislative efforts by completing this short Pro Bono Form on our website whenever you provide these services:

https://www.dcds.org/ member-center/probono





WORK WITH THE BEST Call us Today! 214.522.2008



Benefits for Our Dental Clients

- KDS vets candidates based on your requirements & preferences
- We perform background checks and reference checks
- We serve as the employer of record:
 - Eliminating IRS/Worker Commission issues
 - Manage all payroll withholdings
 - O Send W-2s at end of each year
- Offering decades of unparalleled professionalism

COMING SOON - Online portal for scheduling with ease.





Certified Shredding Promotion for Dallas County Dental Society Members

- ✓ Members only preferred pricing
- ✓ Facility-based destruction for paper, hard drives and proprietary items
- ✓ Certificate of Destruction provide for all services

\$25 flat fee per container.

Minimum charge per service of \$75.

Contact 214-352-0113, option #2 for details about preferred member rates

Your Trusted Source for

Document • Media • Product Destruction

Secured> Destroyed> Certified



Modern Endodontics: What has Changed

MOEIN SADRKHANI DDS, MSC





Dr. Moein Sadrkhani did early portion of his studies in Iran. Upon graduation from dental school, Dr. Sadrkhani moved to Los Angeles, California, where he continued his journey to an endodontics fellowship at UCLA.

While at UCLA, Dr. Sadrkhani completed one year of research and teaching before earning his Master of Oral Biology and endodontic residency certificate. Dr. Sadrkhani is also the Endodontic Course Director and Adjunct Assistant Professor for Advanced Education in General Dentistry residency program at Texas A&M Baylor Dental School. He serves as the Residents and New Practitioners Committee Chair at the American Association of Endodontics and member of Diversity and Inclusion Committee at Dallas County Dental Society.

Introducing modern technologies in diagnosis, cleaning, shaping and irrigation in root canal treatments. Discover how they are affecting outcomes of root canal treatments, how the new methods and materials work, the indication and contraindications of these new technologies and the future of Endodontics.

Audience: Dentists, Office Staff

AGD Code: 070

CE Hours: 1 technical and/or scientific

CE Verification provided

Sponsored by: DCDS Diversity & Inclusion Committee

Learning Objectives:

- Discover the benefits of CBCT
- Understand gentle wave and different irrigation methods
- Become familiar with how the new irrigation systems will show on the final x-ray
- · Learn what these new methods mean in Endodontics

ONLINE REGISTRATION REQUIRED FOR THIS VIRTUAL COURSE BY OCTOBER 27.

Register online at www.dcds.org/events. A link to the 6:00 p.m. session will be sent to your email address.

DCDS Members

Students

Free

Non-member dentist

\$25 \$25

DCDS Member staff

Free Free Non-member staff

s October 27, 2022. A 20% administrative fee

Cancellation Policy: The cancellation/refund deadline is October 27, 2022. A 20% administrative fee will be assessed for all cancellation requests on or prior to this date. Since this is a limited attendance course, "no shows" will forfeit the full course fee. No refunds will be granted after October 27, 2022.



NOVEMBER 3

REGISTER TODAY AT WWW.DCDS.ORG/EVENTS

DALLAS COUNTY DENTAL SOCIETY • DALLAS, TEXAS 75244 • 972-386-5741 • INFO@DCDS.ORG

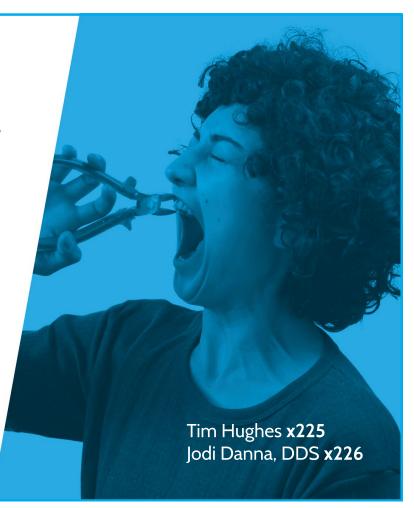
Put the pliers down, let the pros do their job.

Some brokers just send you the candidate and leave all the heavy work to you - Would your patient pull their own teeth?

Trust your practice sale to an *experienced full service broker* who has had hundreds of practice sales.

(877) 365-6786 · choicetransitions.com







General Membership Meeting - November 2022

Prescribing Controlled Substances: Drugs, Monitoring and Standards of Care

JACQUELINE PLEMONS, DDS, MS



Dr. Jacqueline Plemons is a board certified periodontist in Dallas who currently serves as President for the Texas Dental Association. Dr. Plemons attended Texas A&M University for her undergraduate training before graduating from Baylor College of Dentistry in 1986. She completed her periodontal residency in 1988 earning a Master of Science in Oral Biology and a Certificate in Periodontics. She also completed a Fellowship in Oral Medicine and has advanced training in dental implants and dental anesthesiology. In addition to her private periodontal practice, Dr. Plemons is a Professor in the Department of Periodontics at Texas A&M University College of Dentistry. There she serves as the Director of the Stomatology Center, a nationally recognized center for patients suffering from unique medical conditions affecting the oral cavity. Dr. Plemons lectures across the United States and has published numerous article in periodontics, oral medicine and dental implants.

The abuse of prescription narcotics has reached epidemic proportions across the nation. Both national and state-wide efforts to combat the problem affect the practice of dentistry in Texas and across the nation. This course will review safe and ethical ways to prescribe and monitor the use of controlled substances as they relate to dental care and how to manage dental pain.

Learning Objectives:

- Discover the nature and magnitude of the opioid epidemic in the US/Texas
- Review safe and effective pain management techniques
- Learn approved procedures of prescribing and monitoring controlled substances

Audience: Dentists AGD Code: 134/340

CE Hours: 2 technical and/or scientific

CE Verification provided

SPONSORED BY MediClean & Shield



ALSO JOINING US:

TDA President
Dr. Duc "Duke" Ho
provides a brief
update regarding
the recent news,
actions and
changes at the
Texas Dental
Association.



REGISTRATION IS REQUIRED FOR BOTH IN-PERSON AND VIRTUAL ACCESS. IF YOU DECIDE TO CHANGE YOUR VIEWING PREFERENCE AFTER REGISTRATION, PLEASE CALL THE DCDS OFFICE AT 972-386-5741.

REGISTER TODAY AT WWW.DCDS.ORG/EVENTS

DCDS MembersFreeNon-member dentist\$95DCDS Member staffFreeNon-member staff\$95NTDS MembersFreeDental StudentsFree

Cancellation Policy: The cancellation/refund deadline is November 8, 2022. A 20% administrative fee will be assessed for all cancellation requests on or prior to this date. Since this is a limited attendance course, "no shows" will forfeit the full course fee. No refunds will be granted after November 8, 2022.



NOVEMBER 15

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Texas A&M University College of Dentistry

By Caleb Vierkant

New dean takes office October 1

oday, when alumna Dr. Lily T. Garcia returned to the campus of Texas A&M School of Dentistry, it was not as a student, but as its newest dean. She brings with her more than 35 years of experience across many roles in academic dental institutions as well as private practice.

"This is surreal," says Garcia. "It is an absolute honor to come home to the dental school that so aptly prepared me for my career as a dental professional and academician. I am thankful for the opportunity to guide the School of Dentistry along its well-respected trajectory of continued preeminence."

Garcia joins the school as its 17th dean. Her first day on campus coincides with the school's 117th anniversary.

"Dr. Garcia was selected from a pool of exceptionally qualified leaders from dental schools all over the country," says Dr. Alan Sams, Texas A&M University interim provost. "I am excited to have someone of her caliber join the Texas A&M family and take the helm of our dental school."



Garcia comes to Texas A&M's dental school from the University of Nevada, Las Vegas where she served as dean and professor of the School of Dental Medicine. Prior to her position at UNLV. Garcia was the associate dean for education at the University of Iowa College of Dentistry. Before joining lowa's dental school, Garcia held various administrative roles at the University of Texas Health Science Center at San Antonio School of Dentistry, including chair of the Department of Prosthodontics and director of the Division of Advanced Education and External Affairs. Additionally. Garcia has served as chair of the Department of Restorative Dentistry at the University of Colorado Health Sciences Center School of Dentistry and was a faculty member at the International Dental Academy in Tokyo.

A respected national leader in dental education, Garcia is the past chair of the board of the American Dental Education Association and has served as the vice president for the ADEA of Council Sections, chairing the national taskforce that produced the ADEA Guidelines on Academia-Industry Interactions. Garcia also has served as president of American College of Prosthodontists and chair of the board for the organization's education foundation.

Garcia completed her undergraduate work at the University of Texas and went on to earn her dental degree from Baylor College of Dentistry, which is now Texas A&M School of Dentistry. She also has a certificate and master's degree in prosthodontics from UT Health San Antonio.

A national and international lecturer, Garcia has co-authored and edited several textbooks and published numerous articles and abstracts. She has served on the editorial boards for Quintessence International Journal and

International Journal of Prosthodontics and currently is a reviewer for the Journal of the American Dental Association and the Journal of Prosthetic Dentistry.

Garcia is a board-certified prosthodontist who has received many of her specialty's highest honors including being named as diplomate of the American Board of Prosthodontics and a fellow of the American College of Prosthodontists. She is also fellow of the American College of Dentists and the International College of Dentists.

Highly lauded for her achievements in academic dental medicine, Garcia received the Educator of the Year award from the American College of Prosthodontists in 2004, an ADEA Presidential Citation in 2011 and the Hispanic Dental Association Women's Leadership Award in 2012. She is a fellow of the Hedwig van Ameringen Executive Leadership in Academic Medicine Program as well as the Big Ten Academic Alliance Leadership Program.



Texas A&M College of Dentistry (formerly Baylor College of Dentistry) in Dallas is a part of Texas A&M University and Texas A&M Health Science Center.

Founded in 1905, the College of Dentistry is a nationally recognized center for oral health sciences education, research, specialized patient care and continuing dental education. Learn more at dentistryinsider.tamhsc.edu or follow @TAMUdental.

Dr. Lily T. Garcia returns to the campus of Texas A&M School of Dentistry as Dean.

Diversity + Inclusion

by Mitra Bolouri, DDS DCDS Diversity and Inclusion Committee Chairman

Diverse Thanks



he holiday season is one of my favorite times of year.
Thanksgiving, Hanukkah, Christmas, Kwanzaa, New Year's Eve...it seems like starting in November, there's constantly a

reason to celebrate. Some may find it odd that a Muslim-ish, Iranian-American native Texan finds joy in so many holidays that aren't "hers". I don't.

Growing up, I remember my father (you may know him as Dr. Ali Bolouri, who spent over forty years of his career teaching at that dental school in Dallas) making a list, and yes, checking it twice; buying gifts for many of his coworkers, both faculty and staff. When I was a student, I helped him carry boxes of gifts from the parking garage across the street to his office where he would then distribute them. I could tell it brought him joy, but it also made him a little anxious: what if he forgot someone? What if he got them the wrong thing?

One year I asked him why he did it. He said he thought this time of year, no matter what you believe, was a good time to show appreciation for all of the people in his life for whom he was thankful. The thought of showing appreciation,

along with how to take the perfect denture impression, is a lesson from my father I will never forget.

So now I write my list, check it twice, and try to pick out the perfect gift. Not because I necessarily adhere to a specific holiday or belief system, but because I, like most of you, have so many people in my life that mean so much to me. From my immediate family to my extended family (shopping for step-nephews-in-law can be hard!) to friends and, of course, my hardworking staff. I hope they always know how happy I am

to have them in my life, but this time of year allows me to show my appreciation with a gift.

I hope you join me in celebrating the joy of the season, even if, like me, you may not celebrate a specific day. Although I may not send you a gift this year, I am thankful for all of my colleagues in Dallas County Dental Society and of course our hardworking staff. May the holiday season bring you joy and may we all experience a new year filled with good health, love, and prosperity.



- Nov. 24 Thanksgiving
- Dec. 5 Krampusnacht
- Dec. 6 St. Nicholas Day
- Dec. 8 Feast of the Immaculate Conception
- Dec. 13 St. Lucia/ Santa Lucia Day
- Dec. 19 Hanukkah (begins)
- Dec. 16 Las Posadas (begins)
- Dec. 21 Winter Solstice
- Dec. 23 Festivus
- Dec. 25 Christmas
- Dec. 26 Kwanzaa (begins)
- Dec. 31 New Year's Eve
- Jan. 6 Three Kings Day/Epiphany
- Jan. 22 Chinese New Year

BLS/CPR Courses

Choose a Date | In-Person

Need to meet your bi-annual TSBDE requirement for Basic Life Support/CPR for your license renewal? DCDS is now offering a BLS (CPR and AED) Program, with the curriculum of the American Heart Association, to meet that requirement through the DCDS Dental Assisting School. You and your staff can now schedule a date and time to earn this continuing education credit. Training is held at the DCDS Headquarters.

\$40 per DCDS Member or their staff \$65 per non-member or their staff

To start course registration, please click here. For more information, contact Angela Bush, Program Director for DCDS Dental Assisting School, at 972-386-5741 x222 or angela@dcds.org today!



The PEEL Technique: A New Paradigm in Pediatric Tongue-Tie Treatment: A Two-day Course

ROBERT CONVISSAR, DDS / JOY FUNSTON, RN, IBCLC





Dr. Robert Convissar earned his dental degree from New York University College of Dentistry. He is a fellow of the American Academy of General Dentistry and American Society of Laser Medicine and Surgery and diplomate of the American Board of Laser Surgery. Dr. Convissar maintains a private practice in New York.

Ms. Joy Funston is a registered nurse and international board certified lactation consultant. She is the founder and CEO of Joyful Start and board member of the International Affiliation of Tongue-tie Professionals.

Candidates who successfully complete this course will receive a Certificate in Pediatric Tongue Tie and Lip Tie Diagnosis and Treatment recognized by the American Board of Laser Surgery, the only Medical Certifying Board in the world dedicated to Lasers and Light Energy in Medicine and Dentistry.

Participant Requirements: Loupes, tweezers/cotton pliers and periosteal elevators are recommended. Dentists who own diode lasers are encouraged to bring them if they want to be certified on their own units – otherwise lasers will be supplied for the attendees.

Audience: Dentists AGD Code: 135/430

CE Hours: 16 technical and/or scientific

CE Verification provided

ATTENDANCE IS LIMITED TO 30 PARTICIPANTS.
LUNCH WILL BE PROVIDED.

In this two-day course, attendees will be introduced to the concept of laser frenectomies, an increasingly popular method by which dentists and physicians can treat tongue- and lip-ties in their patients. Five percent or more of the babies born in the United States have such tight tongue-ties and frenum pulls that they cannot successfully latch onto their mother's nipple and breastfeed. For the baby, serious consequences include loss of weight and the label of "failure to thrive". For the mother, this results in sore and cracked nipples, mastitis, painful engorgement and post-partum depression due to an inability to nurse her baby. This has classically been treated by a physician taking a scalpel or a pair of scissors to the newborn's mouth and cutting the attachment.

LEARNING OBJECTIVES:

- Accumulate all of the required data via history intake forms
- Perform a clinical examination to arrive at the correct diagnosis
- Evaluate when this procedure should be done
- Perform the procedure using laser technology
- Network with lactation consultants, pediatricians, neonatologists and the rest of the medical team
- Grow your practice of neonatal dentistry

ONLINE REGISTRATION REQUIRED FOR THIS IN-PERSON COURSE BY MARCH 17. REGISTER ONLINE AT WWW.DCDS.ORG/EVENTS FOR THIS TWO DAY 8:30 A.M. - 3:00 P.M. CLASS.

DCDS Members

\$895.00

Non-member dentist

\$995.00

Cancellation Policy: The cancellation/refund deadline is March 17, 2023. A 20% administrative fee will be assessed for all cancellation requests on or prior to this date. Since this is a limited attendance course, "no shows" will forfeit the full course fee. No refunds will be granted after March 17, 2023.



MARCH 24-25

REGISTER TODAY AT WWW.DCDS.ORG/EVENTS

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Dallas County Dental Society is an ADA CERP recognized provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Dallas County Dental Society designates one (1) credit per hour for CE activities, unless otherwise noted.

Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ada.org/goto/cerp.





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NOVEMBER 4-5, 2022













Texas Mission of Mercy brings dental care to urban and rural communities all across Texas. Since 2001, TMOM has brought over \$26M worth of care to over 43,000 Texans.

This November, our mission is to bring care to our nation's heroes. Services include basic, pain-relieving and preventive procedures such as dental cleanings, fillings, and extractions.

To volunteer, go to tmomvolunteer.org





Your DCDS Foundation at Work!

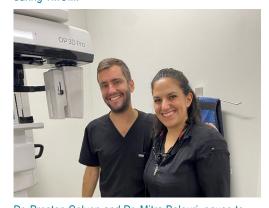
Thank you for all who donated to DCDS Foundation during North Texas Giving Day! DCDS Foundation received 12 gifts, totaling \$1300. Bonus funds from the event covered all credit card fees. These gifts will benefit low income families, seniors and children of Dallas County. Your Foundation continues to work to support those in need and help educate Dallas County residents on the importance of dental health.

Veterans Texas Mission of Mercy Prescreenings

Prescreenings for the November 4-5 Texas Mission of Mercy took place at multiple locations this year: DCDS Executive Office/DCDS Dental Assisting School, The Salvation Army - Dallas, Grace Center Texas and The Dental Specialists. Many thanks to all who offered their locations, and great thanks as well to all who volunteered to prescreen the patients!



Ralondo, shown between Betty Hernadez, RDA, and Dr. Bill Gerlach, will receive a cleaning, fillings, extractions and partial to replace missing teeth during TMOM.



Dr. Preston Colven and Dr. Mitra Bolouri, pause to admire the pano used during prescreening at the DCDS Dental Assisting School.



DCDS staff, DCDS Dental Assisting School students and community volunteers led the paperwork efforts during prescreening at the DCDS Executive Office.

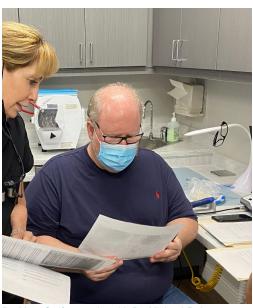


(Above L-R) Drs. Jon Williamson, John Findley, Dale Greer, Mary Swift and Todd Ayars take a break from patient exams at the Salvation Army prescreening.

(Below) Betty Hernadez, RDA, preps a patient for removables at the Salvation Army prescreening.



Dr. Dale Greer confirms a patient's medical history during an exam at the Salvation Army prescreening.



Dr. Mary Swift consults with Dr. Michael Rainwater on a patient's xrays during prescreening at the DCDS Dental Assisting School.

Help us make these events bigger, better and more impactful for dentistry!

TO VOLUNTEER WWW.DCDSFOUNDATION.ORG

TO GIVE

DCDS Foundation is now an eligible charity listed on AmazonSmile. This program through Amazon donates 0.5% of the price of eligible smile.amazon. com purchases to the Foundation when selected by customers. Our unique charity link is https://smile.amazon.com/ch/75-2790709.

Insights

Book Review by Larry W. White, DDS, MSD

Burstone's Biomechanical Foundation of Clinical Orthodontics



henever a classical textbook such as Biomechanical Foundation of Clinical Orthodontics reissues in a new edition, it returns to us in a new context. Dr. Burstone is

no longer here and the book has taken a new title. Additionally, other changes have occurred based on reader feedback that have resulted in the recreation of all the images for greater clarity, and video files with QR codes now accessible with smart phones or tablets. These videos illuminate and animate some of the topics to simplify readers' understanding.

This book is the text par excellence for orthodontic biomechanics and should be the first book in every orthodontist's library, for without the knowledge contained therein, clinicians will struggle to understand many of the iatrogenic creations that challenge and slow patient therapies.

Orthodontic technology continues to proceed, eg, the twenty-first century has exploded with new procedures like bone modification, distraction osteogenesis, temporary anchorage devices, new wire materials, and, of course, aligners. But despite what changes occur in therapies, none of them will supersede the need for a foundation in biomechanics described in this book. And that has special relevance as clinicians attempt to use aligners without such knowledge. Unfortunately, Burstone's biomechanics are generally poorly understood and thus seldom taught in most orthodontic curricula. This new edition can remedy that intellectual deficit.

Orthodontic clinicians work in a dynamic environment that tests them daily and often severely. My own experience has reinforced the lesson that without a thorough knowledge and application of sound biomechanics that daily task becomes much harder and much less predictable, and readers of this book will discover cures for those lapses.

This new publication has eliminated two previous chapters without jeopardizing its central message, but it still approaches 9 lbs., so it isn't a tome with which you want to snuggle in bed. Unlike a thrilling novel that readers refer to as "page turners," this serious book is what I call a "page stopper," because you often need to carefully re-read the text and then consider its application and compare the content with one's own experience. And finally by solving the problems at the end of each chapter, readers will quickly learn if they completely understand the material.

Dentists, by training and patient expectation, are therapists, not diagnosticians, and that results in them being susceptible to new and promising therapies, which they can apply quickly without much thought. For example, one learns to use a new bracket system or incorporate a new CI II corrector quickly without much effort or thought,

whereas learning the lessons of biomechanics can challenge and even discourage the finest technical practitioner. Additionally, clinicians are inundated with hyperbolic advertisements, endorsements of shills in the employment of manufacturers and visiting sales representatives. The best antidote for such extravagant claims is to apply scientific biomechanical principles and apply a simple

test: new techniques with more marketing than research should undergo scrutiny like Catholic Saints - guilty until proven otherwise.

Fredick Crews once aptly said that "Fatigue with rational standards in one generation becomes the pathetic ignorance of them in the next." Fortunately, Dr. Choy has kept the faith with Dr. Burstone's rational standards and his intentions with this new edition, and it will continue to be a principal guide for orthodontists as they seek to provide the type of patient care envisioned and practiced by Dr. Burstone. My hope is that orthodontics never suffers fatigue with the biomechanical principles so carefully developed by Dr. Burstone and remembered here by Dr. Choy.

Readers will appreciate the care and quality Quintessence has rendered with this book, eg, thick pages, excellent images and design that encourages readership and increases understanding.

Burstone's Biomechanical Foundation of Clinical Orthodontics

Dr. Kwangchul Choy 516 pp, 1,584 illustrations, 2022, \$190.00 Quintessence Publishing Co. 411 N. Radiant Rd., Batavia, IL 60510



DALLAS COUNTY DENTAL SOCIETY

Committee Interest Form

COUNTY	Name:	_ Email:
DENTAL SOCIETY		ad-hoc committee member. Below I have checked at least one nderstand all positions are one year unless otherwise noted.
COMMUN	TY-BASED PROGRAMS:	
impr	dation – Help promote the Foundation's mission to ove access to care, education and research, working the community on dental education programs.	Peer Review – Upon written request, mediate disputes between doctors and patients or third parties. (three-year term; requires 4-hour training class provided by TDA)
LEGISLATI	/E / GOVERNANCE AREAS:	
the T	Delegate / Alternate Delegate – Attend all meetings of DA delegation to the ADA House of Delegates. e-year / two-year term)	Legislative Action – Be informed on legislative matters relating to dentistry and assist in a grassroots legislative strategy that promotes dental issues. (five-year term)
	egic Planning – Collaborate to progress the vision, on and goals of the Society.	TDA Delegate / Alternate Delegate — Attend all meetings of the DCDS delegation to the TDA House of Delegates. (three-year / one-year term)
PEER / ME	MBERSHIP FOCUSED AREAS:	
leade	rds – Recommend nominees for dentist and community er of the year awards and other awards that recognize bers for their contributions to dentistry.	Constitution and Bylaws – Maintain the Constitution and Bylaws; approve wording of amendments. (three-year term)
	S Connection Editor – Supervise the editing and action of the Society's bimonthly publication. (two-year)	Judicial – Approve the eligibility of potential Society members. (five-year term)
	bership Development – Conduct recruitment and tion efforts.	New Dentist (out of school 10 years or less) – Serve as an advocate for new dentists in all areas.
Bylav	amentarian – Interpret rules of procedure in DCDS ws and the American Institute of Parliamentarians dard Code of Parliamentary Procedure.	Retirement – Focus on needs and programs specifically designed for dentists in or near retirement.
	a – Focus on social media content needs, including ite blogs.	☐ Diversity and Inclusion – Promote training and events to bring awareness of diversity and inclusion.
EDUCATIO	NAL VENUES:	
	nwest Dental Conference – Help to execute the various ets of the Society's annual Conference.	
LEADERSH	IP:	
	tor – Serve in one of six positions as a liaison between oard and membership. (three-year term)	Secretary / Treasurer – Keep minutes of all meetings, prepare annual budget and give a financial report at the Board of Directors meetings. (two-year term)
	ram Chair – Schedule continuing education programs for ral membership meetings.	☐ I will work where needed.
☐ I RECON	IMEND DRF	OR THECOMMITTE



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For more information, please contact the DCDSDAS Program Director, Angela Bush, at info@dcdsdas.org or visit https://www.dcds.org/dental-assisting-school.

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For more info: Message 512-914-2134

Click here to check out Job Bank/Classified ads on the DCDS Website for more opportunities!

...continued from page 1

The ADA also delegated funds to support passage of Massachusetts Ballot Initiative 2 which is on the general election ballot in November. It asks whether voters support requiring dental insurance carriers to spend 83% of premiums on patient care, not on administrative expenses, taxes or profits. If carriers spend less than 83 cents on every dollar of monthly subscriber premiums — a threshold known as a loss ratio — they must send rebates to insured individuals and groups.

The ADA House of Delegates remains focused on protecting the scope of practice of dentists, with the dentist remaining the head of the dental team and is the one making decisions for patient care without interference from third parties.

The American Dental Association Political Action Committee (ADPAC) and the Texas Dental Association Political Action Committee (DENPAC) continue to advocate on your behalf protecting dentists from insurance intrusion into the doctor/patient relationship, insurance antitrust issues, maintaining the dentist as the head of the dental team, protecting the scope of practice of dentists against the unlicensed practice of dentistry and for protecting the quality of care for our patients.

The 15th Delegation was proud that we had 100 percent club level donation participation in ADPAC from our delegation. I would encourage each of you to consider a donation to both ADPAC and DENPAC to join in advocating for the protection of our profession. Information can be found at https://www.ada.org/advocacy/advocacy-about-adpac and https://www.tda.org/denpac.



DCDS takes part in the governance of the TDA by sending a delegation of member dentists to the annual meeting of the TDA House of Delegates. This delegation (shown above) is composed of elected DCDS delegates and alternate delegates to represent DCDS in making decisions affecting all dentist members across the state and their patients.

DCDS Connection



DCDS

13633 Omega Road Dallas, TX 75244 Phone: 972-386-5741 Fax: 972-233-8636 www.dcds.org info@dcds.org

Follow DCDS and SWDC on social media!













Happy Fall!

Make sure to mark your calendars now for The Southwest Dental Conference 2023 meeting "Refresh, Renew, Reconnect"! It will be held August 25-26 at the Hilton Anatole in Dallas, TX.

Our new location proved to be a wonderful place for learning, socializing and fun! We are working hard to create a wonderful meeting and are excited to highlight these featured speakers with many more to come:

Edward Allen, DDS, PhD

Kerin Burdette, DDS, MPH

April Callis- Birchmeier

Teresa Duncan, MS

Robert Edwab, DDS

Theresa Gonzales, DMD, MS, MSS

Carol Jahn, RDH, MS

Andrew Johnson, DDS

Meetu Kohli, BDS, DMD

Kathy Kasper, DDS

Michele Lee, DMD

Robert Margeas, DDS

Edwin McDonald III, DDS

Paras Patel, DDS

David Rothman, DDS

Thomas Schlieve, DDS, MD

Frank Setzer, DMD, PhD, MS

Sam Simos, DDS

Bethany Valachi, PT, DPT, MS, CEAS

Registration will open March 2023. You won't want to miss it!



Dr. Celeste Latham 2023 Southwest Dental Conference Chairman