SEPTEMBER/OCTOBER 2021 Volume 14, Issue 5

connection

Official Publication of DCDS A tradition of integrity and care since 1908



Mission Statement

Serving the professional needs of our members

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2021 SWDC Results

by 2021 Conference Chairperson Mary Swift, DDS

Surviving the Storm



e did it! We successfully held one of the most challenging Southwest Dental Conferences, logistically, that I can remember. With thanks to our Silver Star volunteers...we did it!

The 94th annual Southwest Dental Conference was held at the Convention Center and Omni Hotel on August 20th and 21st. We were one of the first live, in-person meetings that attendees, speakers and vendors had attended since Covid-19 began. Most meetings up to then were either all virtual or a hybrid of virtual and live. The DCDS Scientific committee made the decision to commit to a live meeting and keep everyone safe. And we did.

The decision to mask up at the meeting was made the week before opening day. We knew the mandatory mask requirement would be divisive; but with Covid-19 variants in the news and hospital beds filling up in the area, we wanted to keep everyone safe. The mask requirement also meant we had to turn our SWDC Silver Stars (course and clinician hosts) into the mask police. Fortunately, most everyone

was compliant, and we had only a hand full of issues to deal with. I applaud our Silver Stars for making our meeting safe and successful.

Attendance was encouraging, at over twothirds of the 2019 Conference; but what I really noticed was how excited everyone was to be around other people. Speakers were especially enthusiastic about presenting their programs with an interactive audience, saying it is very different lecturing to a screen than it is in person. Speakers play off the responses they get from their audiences and feel that it's just not the same online.

We were also pleased for the large number of exhibitors who braved pandemic-perception to join us at the Conference. While it was not a record year for us, having 75% of our usual booth numbers was more than we initially dared to hope for, given the unusual times.

I would also like to recognize several DCDS members—Drs. Andrew Read-Fuller, Thomas Schlieve, John Wallace and Larry White—who stepped up to share their time and expertise when booked clinicians cancelled mid-planning due to concerns over COVID-19.

...continued on page 12



Dr. Mary Swift (on right) with Dr. Missy Jaynes sporting the cowboy hats and sculptures awarded through co-chairing the 2021 Southwest Dental Conference.

The Write Stuff

Missy Jaynes, DDS, President

Feel the Energy!



"Most other competitions are individual achievements, but the Olympic Games is something that belongs to everybody."

—Scott Hamilton (USA Figure skating, Gold Medal)

I like to compare this year's Southwest Dental Conference to the World Olympics. The SWDC is always a competition for the Scientific Committee when planning the Conference. We want to excel, and we strive to do a better job every year. Even though we are all strong individuals, we are truly amazing as we work together for our Society. This year, Drs. Mary Swift, Sarah Poteet, Celeste Latham, Drew Vanderbrook and myself were a great team, assisted by the staff and the Scientific Committee standing with us!

I was excited this year for the Conference to be in-person, talking and walking with real people again. There was so much energy...I felt like I was at the opening ceremonies of the Olympic games! The Opening ceremonies has always been my favorite part of the Olympics, along with gymnastics and ice skating. I enjoy seeing the outfits that each nation picks to wear as they compete on the Opening Ceremony attire, and I remember my excitement when Ralph Lauren began designing the US Olympic attire, which I always love. I enjoy a similar feeling at the Southwest Dental Conference, with all the offices marching in to the Conference together with various outfits. Some groups look very sharp and some are super casual, but they always look like they are proud to be together as a team. Thank you to all our members who attended and supported the event during what is definitely not a usual year.

On another note I would like to tell everyone how awesome our DCDS Board of Directors is this year! Everyone has a three year term, so some of these members have served with Drs. Vanderbrook and Crump as well. Our 2021-2022 Board Members are spirited and have amazing ideas. They take time out of their schedule to meet once a month in person for about two hours, and many serve on other committees as well. The Board has such a great energy when you walk into a meeting...all I can say is "Wow!" and thank everyone of you for your dedication to our Society.



(L-R) Dr. Missy Jaynes, 2021 Co-Chairman; Dr. Mary Swift, 2021 Chairman; Dr. Celeste Latham, 2023 Chairman; Dr. Sarah Poteet, 2022 Chairman.



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Managing EditorRosemary S. Martinez
Executive DirectorJane D. Evans
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Impressions

Editorial by Shad Hattaway, DDS, Editor

Dentistry is changing, are you?



ere in Texas we have had some remarkable changes in how we deliver care. House bills have altered how we are legally allowed to deliver care to our patients. For

many, this is a great thing. What steps have you been making to keep up with the changing times?

Technology has transformed how we can safely and effectively deliver care to our patients. Now more than ever we have an opportunity to legally connect with patients beyond the face to face visit.

Teledentistry is now a thing in Texas with the passing of HB 2056. I know we have all had those patients that we have recently had in the chair and we complete the appointment via phone consultation. It is very reassuring now to know you are not toeing that legal line.

This recent change, however, has opened up the door further questions to what this law will change. How will this benefit and how will this hurt our profession? I firmly believe there are more advantages than disadvantages with teledentistry.

The way that I practice dentistry easily includes a way that I can comfortably incorporate a teledentistry side of consultation. There are, however, a lot of questionable areas that need to be addressed before things get out of hand.

My personal approach is to only use this aspect of care with patients I have established relationships with and have physically seen and evaluated in my office. The time frame from when I last saw each patient is still being discussed in my practice as to what we are comfortable with, but we have some starting quidelines to say the least.

Just like my previous article discussing the denial of insurance claims from a dentist who has never seen or evaluated my patient in person, we are now going to deal with similar

second opinion services that will certainly be popping up.

I recently had the privilege of talking with a fresh dental graduate. One that finished up their dental education in the thick of the pandemic.

The way dental education has been delivered had to turn on a dime due to the pandemic. They had to make so many changes to accommodate an environment where in person classes and face to face patient care were almost considered a luxury.

The verdict is still out as to how the future generation of dentists will be affected by the changes that were made during their education. I like to look at the parallels in how continued dental education has also been changing for dentists who have been practicing for decades.

We have seen a decline of in-person continued dental education courses and meetings. The quality of the courses I have been personally taking has not seemed to be affected by being online or in person. While I have a personal preference for an in-person course, the content of what I am learning seems to be addressed regardless of how it is delivered.

Just like some of the techniques that were taught to dentists well before my time, we are now in a world where the incoming dentists have new techniques that are being taught that I also did not have the luxury of learning during dental school.

I was in the last cohort of students that took the dental boards with the option of using amalgam restorations. Dental amalgams are a wonderful material that are time tested, but I have only placed one in my professional career. I have seen beautiful gold foil class V restorations that seem to be clinically sound and were placed before I was even born. Yet, I have never learned the technique for placing or have even completed a gold foil restoration. For the purpose of simplicity, the technique

We are well into the age of digital dentistry and for many there is no other alternative. Our method for delivering care is now becoming even more convenient for our patients with remote consultation and I can not see any way of this movement coming to a stop.

itself has seemed to fade out. I have never had a conversation with a senior dentist who has placed a gold foil restoration in the last decade.

We are well into the age of digital dentistry and for many there is no other alternative. Our method for delivering care is now becoming even more convenient for our patients with remote consultation and I can not see any way of this movement coming to a stop.

We all have a big task ahead of us to embrace the change and not fight it. We have to learn how care is evolving and we have to keep improving it.

Dentistry has never stopped expanding and improving. Even though I feel some of the time tested techniques and materials need to be continued to be utilized, there is an infinite world of possibilities as to where dentistry will be in the next ten and twenty years.

With certainty, we are not moving backward, we are only moving forward. The dynamic nature of dentistry is one that is exciting and scary all at the same time. Each of us as professionals need to continue to evolve and improve. This is not a new concept to dentistry and it should not be a new concept to any of my fellow professionals. Stay safe and God bless.

September/October 2021 DCDS Connection

From The Hub

by Jane D. Evans, Executive Director

Updates and Notes



SWDC

How exciting to host the 2021 SWDC in person. It was a successful Conference with both Clinicians and Exhibitors excited to attend an in-person meeting rather than a

virtual format. Hats off to Dr. Mary Swift and the SWDC Scientific Committee for putting together an excellent program. It is refreshing when the Clinicians say how much they enjoy our Conference and the southern hospitality they receive. Also, many thanks to the clinician and session hosts for volunteering. Each of you played an important part in the success of the Conference.

General Membership Meeting

The September General Membership meeting is scheduled for September 21, 2021. You will have a choice to attend either virtually or inperson when registering. See page 9 for more information.

DCDS Team Member Highlight

I would like to highlight Ms. Angela Bush, Program Director for the DCDS Dental Assisting School, who celebrates her one year anniversary with the school in September. Her



background as an educator enables her to do a superb job with the students. She ensures they are placed in the right office for their externship and that each of them are hired upon completion of the program. If you know of someone that is interested in becoming a dental assistant, have them contact Angela at angela@dcds.org or 972-386-5741 for a tour.

HELP SHARE THE LOVE OF ORGANIZED DENTISTRY

New members can get 3 months free. You could win free TDA dues* for 2022. Everybody wins!

Tell your story. Be an influencer. Expand your circle. Strengthen the dental profession. You can text, email or DM a colleague and share the love of organized dentistry. (Or if you're more traditional, you can even give them a call!) You know what YOU love best about being a member so we're asking you to share your personal story. We also have scripts and other resources available to give you a jump start, so no awkwardness required! Each new member you recruit can get three months of membership free (October through December of 2021) through our ADA 15 for 12 campaign. All that is required is that they enter a credit card number for their 2022 dues. Dues for 2022 will auto-renew in 12 installments.

You can log your outreach efforts, access sample scripts and see an overview of this recruitment initiative at tda.org/recruitamember. The top three recruiters will win free TDA dues* for 2022! (*state only)



New Dentists

News and perspective from dentists under 10 years of practice

by Andrea Sauerwein, DDS

To Take Care of Others, Start by Taking Care of Yourself



e spend hours a day thinking of what is best for our patients and ensuring ideal treatment for them, but how often are we looking out for ourselves?

The past year posed

great challenges for dentists, including maintaining financial wellbeing and the health and safety of family, team members, and ourselves. Working in a high-risk environment during a global pandemic created more dialogue surrounding mental health in the dental profession, yet the momentum of conversation

should continue as we return to relative normalcy in the future.

I was inspired to address the subject of mental wellness in dentistry after discussions with several new dentists, who each sought advice on coping with the mental hurdles they encounter daily. These colleagues shared their challenges comparing themselves to others, including the negative effects of scrolling through "highlight reels" of high-end cosmetic work displayed on social media. Some admitted to feeling defeated by tough patients and questioning their decision to enter into our profession. While hearing their honest unhappiness initially shocked me, I realized this is a battle that dentists across all generations face. However, these discussions are often limited, as many dentists fear being truly vulnerable with their peers.

Multiple factors are at play to create overwhelming pressures for dental professionals. The financial burden for new graduates is greater than ever before, and only continues to rise. With dental school tuition nearly doubling since 2008, dentists must often confront staggering amounts of debt after graduation. According to the American Dental Education Association (ADEA) the average debt per dental graduate in 2020 was \$304,824, with some even exceeding \$500,000¹. The financial strain of student loans alongside other monetary obligations placed on new dentists often limits their ability to choose a preferred career path

and can cause untold anxiety, stress, and depression. A systematic review by Clinical Psychology Review correlated high debt with increased alcohol abuse, drug dependence, suicidal ideation, and obesity².

Many veteran dentists also struggle with the emotional toll of the profession. A colleague who retired from dentistry after 12 years stated in an interview that he found the stress of running his own dental practice, coupled with unceasing fear and negativity from patients, to be unbearable. Working as a solo practitioner contributed additional elements of isolation and a lack of peer support that increased his feelings of cynicism and burnout. "I was unhappy being the enemy. I was tired of people being afraid of me. I didn't know how miserable I was until I quit... No paycheck is ever worth your mental health."

It is also essential to acknowledge that the technical aspect of dentistry is extremely detailed. We work in a world of millimeters, leaving little to no room for error. Our sense of identity and self-worth often hinges more on what we accomplish or obtain than who we really are. We hold ourselves to impossible standards and rarely ask for help. Furthermore, the personality types that are often attracted to dentistry are those that desire acceptance and approval from patients and peers. According to a study performed by Creighton University, dentistry includes a higher proportion of sensors, thinkers, and judgers as compared to the overall population based on the Myers-Briggs Type Indicator³. Dentists are shown to be focused workers who value concrete order. objective decision making, and high standards. However, this recipe can cause overwhelming stress as we strive for idealism and perfection.

However, the same stressors that can be debilitating can alternatively stimulate and push us to achieve positive outcomes. Holding ourselves to a high bar can drive us to grow professionally and personally, and teach us to thrive outside our comfort zone.⁴

In an effort to raise awareness, the ADA partnered with NAMI Chicago and Hope For the Day to provide professional expertise and wellness resources for dentists. According to

Alexa James, CEO of NAMI Chicago, a segment of the National Alliance on Mental Illness, "Educating yourself about mental health is an important part of taking care of yourself, being supportive of others, and creating positive change in the community." NAMI Chicago worked with the ADA to develop a series of mental wellness tools that can be used easily and effectively in the dental practice. The "Ultimate Workplace Mental Health Toolkit" can be found on the ADA website, and NAMI Chicago continues to develop more curricula and training on topics including mental health awareness, self-care, and workplace wellness. Hope for the Day, a Chicago-based nonprofit focuses on dispelling the stigma surrounding mental health, also engaged the ADA in developing a series of mental health and mental wellness resources over the coming months.

We serve in a great profession. Dentists are artists, healers, givers, counselors, business managers, and more. We take on a variety of roles and assume much responsibility, sometimes to the detriment of our wellbeing. Remember to give yourself grace. You will not be perfect. Remind yourself of what you are working towards and why you become a dentist in the first place. Grant yourself permission to be as good to yourself as you would be to anybody else.

Resources

- 1 https://public.tableau.com/app/profile/adea.oper/ viz/ADEASeniorStudentDashboard/Story1
- 2 Richardson T, Elliott P, Roberts R. The relationship between personal unsecured debt and mental and physical health: a systematic review and metaanalysis. Clin Psychol Rev. 2013 Dec;33(8):1148-62. doi: 10.1016/j.cpr.2013.08.009. Epub 2013 Sep 10. PMID: 24121465.
- 3 Westerman GH, Grandy TG, Erskine CG. Personality types of dentists. Am J Dent. 1991 Dec;4(6):298-302. PMID: 1814353.
- 4 Rada RE, Johnson-Leong C. Stress, burnout, anxiety and depression among dentists. J Am Dent Assoc. 2004 Jun;135(6):788-94. doi: 10.14219/jada.archive.2004.0279. PMID: 15270165.

DCDS Member's Message Board

Upcoming Events

September 21 – General Membership Meeting (in-person or virtual)

September 23 – North Texas Giving Day (benefiting DCDS Foundation)

October 28 - New Dentist Committee Mentor/Mentee Reception

November 16 – General Membership Meeting

Register at www.dcds.org/events



Welcome New Members!

General Practice

Krizia Acosta Deepa Alahari Sajin Amin Jose Avalos **Edward Bagtas** Sajita Bhandari Akosua Boatemaa James Carrigan Sachi Chawla Sae-Ho Chun Hanyoung Chung Coralie Ciceron Francesca Daigle Beau Deaver

Alexi DeFreitas

James Dooley Sara Ferdowsali William Fletcher Izamar Flores Castillo Courtney Geiger Sanjeeth George Jose Gonzalez Rochelle Hajikhani Field Harrison Michael Havel Amin Heravi Michelle Howe Kathy Hua Hira Khan Sravani Lanka

Allison Lee Nathaly Lemoine Grant Mickesh Janae Momchilovich Shannon Nguyen Thuy Nhu Truong Natalie Nickerson David Pardo-Sanchez David Park Lucely Santillan Wendy Skulman Michael Stark Ameena Tekbali Cre'Andria Thompson Allison Windisch

Pediatric Dentistry

Brianne Baley Piper Dizak

Oral and Maxillofacial Surgery

Jared Gilliland Michael Oh Rawle Philbert

Orthodontics and **Dentofacial Orthopedics**

Fangming Li Francesca Scilla Smith



As a member benefit, DCDS member dentists are given the unique (and first) opportunity to hire new, fully trained dental assistants from each graduating class. For more information about the DCDS Dental Assisting School, please go to https://www.dcds.org/dentalassisting-school or contact the Program Director, Angela Bush, at angela@dcds.org.



NOW ENROLLING STUDENTS FOR SEPTEMBER 29 SESSION

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DCDS Membership Benefits

Being a member of the associations that work to protect your profession is important to the success of a practice...pass along the benefits to your peers!

- · Free registration to DCDS's annual Southwest Dental Conference
- Peer Review mediation service to reconcile complaints between patients and doctors
- Rent DCDS meeting facilities at special member rates
- Free or discounted continuing education via seminars & General Membership Meetings
- First opportunity to hire fully trained world-class assistants from DCDS Dental Assisting School
- Preprinted school excuse forms provided free of charge to dentists treating school-age children
- · Confidential free notary public
- DCDS Connection, the bimonthly newsletter of Dallas County Dental Society (member advertising at reduced rates)
- · Member mailing labels available for purchase
- Grassroots legislator contact program with state and national legislative representation
- · License and permit renewal reminders
- · Networking/social opportunities with colleagues

Dallas County Dental Society members receive ALL membership benefits offered by Texas Dental Association, including free entry to TDA TEXAS Meeting.

Dallas County Dental Society members receive ALL membership benefits offered by American Dental Association, including photo directory and public referrals through Find-a-Dentist.

www.dcds.org/membership

TEXT MESSAGE REMINDERS: Text DCDSMEMBERS to 37373

Have you ever wished you could receive reminders for DCDS meetings and events? Do you forget to put events/meetings on your calendar? DCDS implemented text messaging so you will not forget another meeting. Just sign up and you will be reminded of future meetings and events.



Looking for a job?

Have a position to fill in your office?

Want to sell or buy office space and office equipment?

List it on the DCDS.org Job Bank/Practice Sales! Members list for free (\$75/month for non-members.) Email a brief summary (100 words or less, in paragraph format) of the post to: rosemary@dcds.org.





Watching a colleague suffer and feeling helpless is difficult and heartbreaking. Dentists Concerned for Dentists is a 24-hour confidential alcohol and drug abuse hotline you can call for assistance.

Your phone call could be the lifesaving step for someone who is hoping and waiting.

- Founded exclusively to help dentists, hygienists, assistants and family members.
- No fees or charges.
- All contact is held in absolute confidentiality.

The Dentists Concerned for Dentists program provides a strictly confidential peer assistance program for health care professionals who struggle with drug and alcohol abuse. Please share this confidential hotline with your colleagues.

A confidential phone call may be the greatest gift a peer dentist, staff or family member could receive.

DENTISTS CONCERNED FOR DENTISTS

24-hour Confidential Hotline 214-206-7496

HELP YOURSELF

If you're in crisis, there are options available to help you cope. You can call the above hotline at any time to speak to someone and get support. For confidential support available 24/7 for everyone in the United States, you can also call the National Suicide Prevention Lifeline at 1-800-273-8255.

Need Meeting Space?

As a member of the DCDS, you can take advantage of low member rates when renting the Society's Executive Office for your next meeting.

The Dr. O.V. Cartwright Reception Hall is perfect for registration and a pre-function gathering.

The Dr. Paul P. Taylor Executive Board Room can seat 14 around a large conference table.

The Dr. D. Lamar Byrd Auditorium is 1,650 square feet of meeting space that can seat up to 200.

Audio/visual equipment is also available.

DCDS facilities include free parking, free wifi, use of small kitchenette, and ability to bring in food and non-alcoholic beverages.

For more info, contact
Ashley Hawkins at 972-386-5741 x231 or
email info@dcds.org.





Fall General Membership Meetings

In-Person or Virtual Meeting Options

The Addicted Professional

Brian Cuban

AGD Code: 157

CE Hours: 2 Technical and/or Scientific

CE Verification provided

CLICK HERE TO REGISTER FOR IN-PERSON

CLICK HERE TO REGISTER FOR VIRTUAL

IN-PERSON MEETING.

LIMITED SEATING: ONLINE REGISTRATION REQUIRED.

TWO HOURS CE CREDIT

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WILL NOT BE SERVED AT THE

PROVIDED.

IF YOU DECIDE TO CHANGE YOUR VIEWING PREFERENCE AFTER REGISTRATION. PLEASE CALL THE DCDS OFFICE OR EMAIL ASHLEY@DCDS.ORG.

Brian Cuban looks back on his journey with honesty, compassion, and even humor as he reflects both on what he has learned about himself and his career choice and how the legal profession enables addiction. His demons, which date to his childhood, controlled him through failed marriages and stays in a psychiatric facility, until they brought him to the brink of suicide. That was his wake-up call.

Brian takes an in-depth look at why there is such a high percentage of problematic alcohol use and other mental health issues in professions. What types of therapies work? Are 12-step programs the only answer? Brian also includes interviews with experts on the subject as well as others in the profession who are now in recovery.

Co-Sponsored by Dentists Concerned for Dentists

FREE FOR DCDS MEMBERS. NON-MEMBER STAFF AND **DENTAL STUDENTS.**

NON-MEMBER DENTISTS AND **NON-MEMBER STAFF ARE \$95.**

DETERMINATION OF IN-PERSON AND/OR VIRTUAL FOR THE NOVEMBER MEETING WILL BE DONE AT A **NEAR-FUTURE DATE.**

PLEASE CHECK BACK AT DCDS.ORG/EVENTS.



Patient Friendly Minimally Invasive Soft Tissue Grafting

Edward P. Allen, DDS, PhD

AGD Code: 492

CE Hours: CE Hours: 2 technical and/or scientific

CE Verification provided

Root coverage grafting has progressed from use of palatal donor tissue to the use of allografts and xenografts. Recipient site preparation has improved from open sites requiring surface incisions to pouch and tunnel preparations without surface incisions. These advances have produced results demonstrated in controlled clinical trials to be equivalent to the more invasive conventional procedures while enhancing patient experience during and after surgery. Application of current minimally invasive grafting surgery to both teeth and implants will be shown.

Virtual to be Determined In-Person or

2021 Southwest Dental Conference

Thank you to all who attended and supported the Southwest Dental Conference!

These photos and more from the Chairman's Dinner and President's Reception can be found by clicking here.







































Continued from page 1...

You may or may not have heard by now that next year our Conference will be held at the Hilton Anatole Dallas, with Dr. Sarah Poteet as Chairman. We are very excited about the move. The Anatole affords us a more intimate, high-end venue with great options for dining and a waterpark for families to enjoy during the meeting.

Again, tremendous thanks to our Silver Stars. Those of you who hosted a clinician, I hope you enjoyed getting to know your speaker. Those of you who helped monitor a room, we are grateful and I hope all of you return next year for a whole new era of the Southwest Dental Conference.



2021 SWDC Chairman Dr. Mary Swift gives a big welcome to 2022 SWDC Chairman Dr. Sarah Poteet.

Thank You, 2021 Silver Stars: Our Ambassadors of the SWDC Conference!

Roger Alexander, DDS Merritt Alve Jean Bainbridge, DDS Kim Banh Todd Baumann, DDS, MS

Mitra Bolouri, DDS

Tina Bui, DDS Linda Cheng, DDS, MPH

Huong Corbett, DDS

Brad Crump, DDS, MS

Jodi Danna, DDS

Alexi DeFreitas, DDS

Brent DeSutter, DDS

Karen Dyer, RDH

Erika Espinoza

Denise Francisco, RDH

Stephanie Ganter, DDS, MS

Bill Gerlach, DDS

Gayle Glenn, DDS

Savannah Goodman

David Goydan, DDS

Greg Grave, DDS

Christy Haley Moore, RDA

Angie Hallmark, DDS

Cassandra Harder

Cindy Harmon, RDH

Laureli Hattaway

Morganne Hawkins, RDA

Larry Herwig, DDS

Frank Higginbottom, DDS

Sloan Hildebrand, DDS

Marry Hong, DDS

Janice Horsch, RDH

April Hoyl

Bob Hunsucker, DDS

Leslie Hunt

Rei Iwase, DDS

Mark Johnson, DDS

Kathy Kasper, DDS

Line Kendrick

SONFERENCE:

Salvator LaMastra, DDS Celeste Latham, DDS

Rob Levy, DDS

Layla Lohmann, DDS

Nate Lublin-Good

Danette McNew, DDS

Erik Meckel

Janet Meegan, RDH, BS

Chelsea Moorman, RDH

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Le O'Leary, DDS

Bonnie Popovich

Michael Rainwater, DDS

Stacie Ray, RDA

Alana Reifer, DDS

James Reisman, DDS

Cheryl Rivera, RDH

Jordan Schweitzer, DDS

Shawn Seifikar, DDS

Jeff Siebert, DDS

Amerian Sones, DDS

Steven Spivack, DDS

Wendy Steger, DDS

Dave Swift

Meenal Thirtha, DDS

Terri Triplett

John Tunnell, DDS, MS

Jill Wade, DDS

Claude Williams, Jr., DDS

Jon Williamson, DDS Marion Wilson, RDH

Lee Ann Winkler, RDH

Wayne Woods, DDS

















Fantasy Football Kicks Off!

Fall fun for football fans at DCDS

Football season is off and running with DCDS hosting a league of ESPN+ Fantasy Football. Twelve teams joined the DCDS 2021 League, with half drafting their players in person with Commissioner Drew Vanderbrook, DDS; the other half virtually. Watch for an update on how their fantasy games are playing out at our September General Membership Meeting!





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Texas A&M University College of Dentistry

By Kathleen Green Pothier

AEGD Program adding faculty, lab tech and off-site clinic time for grad students

ripple effect of positive change is afoot in the Advanced Education in General Dentistry program, thanks to five-year grant funding from the Health Resources and Services Administration of the U.S. Department of Health and Human Services.

Impact in the classroom and in an off-site clinic was felt by students like 2021 AEGD graduate Dr. Neusha Rahmati. With the grant funding, AEGD began phasing in changes in July 2020, receiving a green light to add two part-time faculty members, a lab technician, a teaching fellow, one or two additional graduate students to its current eight, as well as rotating graduate students to work at the new Dr. M.C. Cooper Dental Clinic in South Dallas.

Rahmati says her hands-on community service experience at the off-site clinic this spring was exactly the professional enrichment she had hoped for. "Without the Cooper clinic rotation, I would not have had the opportunity to serve the underserved residents of Dallas, help treat their emergent pain or infections, and gain more experience in extracting teeth," she says. "It has been wonderful being able to use both the clinical and patient management skills I developed in residency in a community health setting."

Since Rahmati and her fellow graduate students started working at the clinic, she says both students and patients are the direct beneficiaries of the implemented improvements, which have seeped into all aspects of the program. "We have more faculty to work with, which widens our scope of learning," she says. "A lab technician allows us to complete more lab work in house, which benefits our patients, as well as giving us the ability to be more involved in the lab process. As time goes on, these changes will become even more beneficial for following classes."

That's exactly the growth that AEGD Director Dr. Amirali Zandinejad and AEGD Associate Program Director Dr. Marta Revilla León, hoped for, most notably with the improved faculty-to-student ratio, which now touts more one-on-one interactions instead of one faculty member working with seven or eight graduate students at a time.

"So this way the residents can be more efficient, quicker, faster. That improves their education, first, because faculty can spend more time

with each resident," he says. "And now maybe treatment takes fewer appointments because more faculty means everybody is more efficient. Plus, the revenue goes up."

Patients benefit when they save time by needing fewer appointments. For instance, it typically takes six to eight sessions to make a denture, but fewer visits may be required once a lab tech starts making dentures onsite, says Zandinejad. He also predicts cost savings as a result of eliminating unnecessary chairside time. "Lots of advantages. I see lots of potential," he says.

Outside clinic experience is a whole new scenario for the AEGD graduate students, who in the past only provided care on-site at the College of Dentistry. Being out in the community gives graduate students a better sense of independence, both Zandinejad and Rahmati say, which wasn't as attainable at the school clinic.

"Being in a smaller clinic gives the sense of working in a real-world practice as opposed to working in a larger school building," Rahmati says. "The staff dentist there, Dr. Renicke Moss, is also very highly trained in oral surgery, and it was a wonderful and enriching experience learning and working alongside him."

The feeling is mutual for Moss, who says he is enjoying the collaboration immensely on many levels, mostly because the graduate students' presence has improved efficiency.

"I am actually hands-on providing treatment to patients daily, as are the residents," he says. "In this setting, the AEGD residents are literally my co-workers. An overwhelming majority of our patients require one or more teeth to be extracted. We want to get our patients out of immediate pain and prepare them for comprehensive dental treatment."



Texas A&M College of Dentistry (formerly Baylor College of Dentistry) in Dallas is a part of Texas A&M University and Texas A&M Health Science Center.

Founded in 1905, the College of Dentistry is a nationally recognized center for oral health sciences education, research, specialized patient care and continuing dental education. Learn more at dentistryinsider.tamhsc.edu or follow @TAMUdental.



Dr. Neusha Rahmati and Dr. Renicke Moss work side by side at the Dr. M.C. Cooper Dental Clinic as part of positive changes within AEGD.

Your DCDS Foundation at Work!

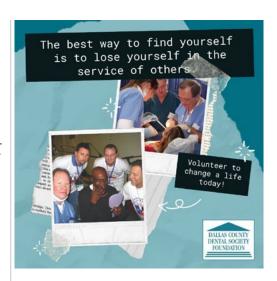
Educating and Promoting the Importance of Dental Health

Our Foundation is reaching out to DISD and our Health Fair partners in Dallas County to plan upcoming public health awareness and oral health education. We look forward to these opportunities of in person and virtual events to reach our kids and seniors. Funds are needed for oral health kits (toothbrushes, toothpaste and floss) to distribute to those in need, scholarships in Dental Public Health for students at Texas A&M College of Dentistry and our other dental outreach programs. Please visit our Foundation website at www.dcdsfoundation. org to contribute.

Providing an Easy Opportunity for Dentists to make a Lasting Difference

DCDS Foundation works with leading local organizations providing dental care for our underserved. These organizations depend on caring dental providers to help the most in need. The chart below offers an easy way to volunteer with these deserving organizations.

We are looking forward this October having DCDS Foundation's next board meeting at the Agape Clinic. This will be a great opportunity for board members to meet and tour this facility that provides charitable dental and medical treatments for low income residents in areas of East and South Dallas.



North Texas Giving Day

DCDS Foundation will be participating in North Texas Giving Day on September 23rd. North Texas Giving Day is a 18-hour online giving event designed to encourage people to give back to their community by supporting local nonprofits and causes they care about in one easy-to-use platform.

Everyone can be a philanthropist on North Texas Giving Day! No matter the size of the gift, your role as a giver increases the capacity of nonprofits such as DCDS Foundation to do their work. And by giving to our cause on that particular day, you're helping DCDS Foundation qualify for one or more financial and in-kind prizes.

Your donations to DCDS Foundation will go towards hosting the November 2022 Texas Mission of Mercy in Dallas, towards oral health supplies for schools and senior living centers and towards dental equipment/supplies needed by local charitable organizations.

In the midst of uncertainty, we can rely on the strength of one another. Doing our part individually helps our collective, so let's be there for each other on North Texas Giving Day!



TO VOLUNTEER WWW.DCDSFOUNDATION.ORG

TO GIVE

DCDS Foundation is now an eligible charity listed on AmazonSmile. This program through Amazon donates 0.5% of the price of eligible smile.amazon. com purchases to the Foundation when selected by customers. Our unique charity link is https://smile.amazon.com/ch/75-2790709.

Be the Good.

Our impact is greater when we all give together.

9.23.21 6 A.M. - MIDNIGHT

HOW TO GIVE:

- · Go to NorthTexasGivingDay.org
- · Search for DCDS Foundation
- Donate on NTX Giving Day on 9.23.21 or make your gift early beginning 9.01.21
- Tell your friends why you give with the hashtag #NTxGivingDay



Donate online from 6 a.m. - midnight at NorthTexasGivingDay.org

#NTxGivingDay



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NorthTexasGivingDay.org

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hosted by the
DCDS New Dentist Committee
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6:00 p.m.

Mi Cocina

Click here to register if you are interested in attending as a mentor or mentee.





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Classified Advertising for DCDS Connection is accepted on a space-available basis and must meet the advertising guidelines of the DCDS. Rates and information are posted on-line at dcds.org or call 972-386-5741.

For Sale/Lease - Real Estate/Practice

Denton, TX General Practice for Sale

Near the northern most point of the Dallas-Fort Worth metroplex is an exciting opportunity with this Denton general dental practice for sale! Experience the charm of a small, close knit community with easy access to all that DFW offers within an hour drive. The current doctor is interested in transition options that include a straight buy out or affiliation. They would, however prefer a short transition period. 5 fully equipped operatories. Collections of \$1.34 million & EBITDA (TTM) \$265,000. Over 2600 active patients. More info on website.

To learn more about this opportunity, contact Kaile Vierstra with Professional Transition Strategies: kaile@ professionaltransition.com or call 719.694.8320. We look forward to speaking with you!

Irving, TX General Dental Practice for Sale

Two locations in northern DFW with great visibility. Each location has seven operatories; one location offers significant expansion opportunity (1200 sf) as well. 14 total operatories. Collections of \$940,000 & EBITDA (TTM) \$215,000. Current doctor interested in buy-out or partnership with another dentist. To learn more, contact Sam Schoenecker with Professional Transition Strategies: sam@professionaltransition.com or call: 719.694.87320.

Contact Sam Schoenecker to learn more: sam@professionaltransition.com or give us a call: 719.694.8320.

Click here to check out Job Bank/ Classified ads on the DCDS Website for more opportunities!

For Sale/Lease - Real Estate/Practice

Transition time?

Seeking doctor whose lease is almost expired, ready to sell in a few years but desires to practice in a non-corporate setting in the meantime. Very well appointed, loaded with technology facility, fee for service practice located LBJ and Preston in NORTH DALLAS. Generous space with eight operatories; at current location for the last 17 years.

Contact Dr. Brock Lynn at drblynn@global.net or cell 214-912-9333.

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September/October 2021 DCDS Connection



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Change is coming to 2022!

To commemorate 95 years as a premier dental meeting for quality professional development and innovative opportunities for the entire dental team, the Southwest Dental Conference is moving to the Hilton Anatole in Dallas, TX on August 26-27, 2022.

This is an exciting change of venue that will showcase a variety of world-class speakers, state-of-art exhibitors and provide networking and collaboration in an intimate setting with true Texas hospitality deep in the heart of Dallas, Texas.

We invite you and your team to save-thedate for the newly designed 2022 Southwest Dental Conference "Empowering Dentistry as Essential Health Care".

Now more than ever, dentistry is an essential part of overall health. Bring the entire team to learn and grow during this exciting time in our profession. As providers of optimal oral health, continuing education on oral systemic connections, technology, techniques, practice management, business, compliance, and personal and professional development is fundamental to continued success. Dentistry will continue to be an essential part of medical

care and optimal health and we will also continue to make a difference in the lives of our patients and the community. With this comes professional responsibility to continue learning throughout our careers.

The Southwest Dental Conference "Empowering Dentistry as Essential Health Care" is the meeting in 2022 you don't want to miss!



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