

# DCDS connection

Official Publication of DCDS  
A tradition of integrity and care since 1908



## Mission Statement

Serving the professional needs of our members

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## The Power of Three

by Brad Crump, DDS, MS, DCDS President



This week I sat in my office analyzing this public health crisis that our country is going through, which I read is described as a “black swan” — an event that is truly unprecedented.

We’ve had many other black swan in our country’s history, including the Civil War, World War I, the attacks on Pearl Harbor and ensuing World War II, the terrorist attacks on 9/11, the Dot-Com Crash of 2000, the Global Financial Crisis of 2008 and now the COVID-19 Viral Pandemic. Some generations only experience one black swan in their careers; my generation has now experienced four. As American Revolutionist Thomas Paine said, “These are the times that try men’s souls.”

As the President of your Dallas County Dental Society, I want you to know that as a part of the tripartite your society system is doing all it can to help you weather this storm. The collective actions of thousands of volunteer leader dentists at the national, state and local level are putting your membership dollars to good work on your behalf decimating correct information based on science. We are also working with national, state and local governments and the Texas State Board of Dental Examiners to lessen the health impacts on you our member dentists, your patients and your staff members. The ADA, TDA and DCDS are tirelessly lobbying the US Congress on our profession’s behalf to ensure dentistry is included in all of the economic relief bills that are being considered.

Through organized dentistry, we must band together and support each other and our profession during this difficult time by contacting local, state and national government leaders to tell them to support the profession of dentistry when considering special initiatives.

I would also ask that each of us reach out to our

fellow dentists, friends and loved ones to check on each other and be available to one another for friendship and emotional support. This is a stressful time and many of us are fearful of the unknown. In times like this, having someone to talk to and discuss our fears and concerns can have a big impact on our emotional health and well-being.

**I would also ask that each of us reach out to our fellow dentists, friends and loved ones to check on each other and be available to one another for friendship and emotional support.**

In relation to our organization, Dallas County Dental Society will continue to follow government enforced regulations in relation to public meetings and social distancing. As a result, our scheduled spring events for DCDS have been cancelled or postponed. We will keep you abreast of any changes that may be required.

Please be safe and take care.

**ADA CORONAVIRUS CENTER FOR DENTISTS**  
<https://ada.org/virus>

**TDA COVID-19 UPDATES & RESOURCES**  
<https://www.tda.org/COVID19-Resources>

**TDA PERKS COVID-19 RESOURCES**  
<https://tdaperks.com/covid-19-resources>

# Happy Birthday, Fluoride!

by Mary Swift, DDS



**T**his year, community water fluoridation celebrates its 75th anniversary. After seventy-five years of scientific study and evaluation, fluoride remains one of the most practical, cost-effective

and safe ways to deliver preventive dental care to the public.

Fluoride research had its beginnings in 1901, when a young dental school graduate named Frederick McKay left the East Coast to open a dental practice in Colorado Springs, Colorado. Dr. McKay noticed the locals had a unique pattern of stain on their teeth and he wanted to know why. Dr. McKay began his research and after a series of landmark studies, he developed the earliest recommendation for fluoridated water, and in 1945 Grand Rapids became the first city in the world to fluoridate its drinking water.

After 75 years of study and research, mottled enamel staining remains the only proven adverse effect of fluoridated water; and even then, the levels needed to produce staining are only found in natural water sources not in controlled water municipalities. Water fluoridation has been so successful in reducing the prevalence and severity of tooth decay that the Center for Disease Control and Prevention identified fluoridated water as one of the ten greatest public health achievements of the 20th century.

Texas dentists celebrated a legislative victory last year when the 2019 House and Senate passed the Fluoride Notification Bill. HB3552 prohibits water systems from permanently ending their fluoridation program unless written public notice is given to customers, at least 60 days in advance. Before this bill was enacted, anyone for any reason could interrupt the communities' access to fluoridated water. The TDA Community Fluoride Committee (TDA CFC) has heard of situations where fluoride was stopped in a community simply because the plant manager forgot to order supplies or fluoridation equipment

stopped working and no one replaced it.

“Community water fluoridation is a public health issue,” explains Delton Yarbrough II, DDS, Chair TDA Community Fluoride Committee. “When it is stopped the decay rates dramatically increase, especially in the most vulnerable populations. This can affect hundreds of thousands or even millions of people. The individuals in political office as well as city managers and water system operators need to be educated as to the benefits of water fluoridation using the 75 years of sound scientific evidence to back it up. It is our job to make that happen.”

The TDA CFC is the watchdog for Texas water fluoridation. The committee relies on grass root communication efforts to keep a close watch where antifluoridation activists wave alarmist flags and distort scientific research with emotional arguments against fluoride. Johnny Johnson, Jr., DMD, MS, Founder and President of the American Fluoridation Society, offers some very useful information in the defense of fluoride at AmericanFluoridationSociety.org. “Over 6,600 studies and research papers on Community Water Fluoridation (CWF) are listed on Pubmed,” states Dr. Johnson. “It is the most studied public health measure ever, trading places recently with childhood immunizations. CWF is effective in reducing cavities by at least 25% in everyone, regardless of age, race, ethnicity, socioeconomic status, level of education or access to dental care. It is safe for everyone; no adverse health effects have ever been found to be associated with it.”

It can be easy to become complacent about the benefits of optimum fluoride levels in our water. We have privilege to the benefits without having to change habits of adding something to our daily routine. The tragic consequence of fluoride cessation was researched and documented in a recent Juneau Alaska study. Without fluoride, childhood caries had a statistically significant increase.

Let's all celebrate the anniversary of one of our greatest dental prevention achievements by remembering to educate our patients, young and old, on the benefits of community water fluoridation.



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Editor ..... Larry W. White, DDS, MSD

Managing Editor ..... Rosemary S. Martinez

Executive Director ..... Jane D. Evans

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**Info on Fluoride Notification Bill:**  
<http://ow.ly/4xRv50zacyZ>

**How to Educate Your Patients:**  
<http://ow.ly/2XGW50zalfu>

# Impressions

Editorial by Larry W. White, DDS, MSD, Editor

## Total Quality Service



I want to deviate from my usual style of editorial to share some volumes that have meant a lot to me over the years. I am a confessed and unrepentant bibliophile, and these are some

of the books I return to for wise counsel and enjoyment.

- *Gift from the Sea by Ann Morrow Lindberg*  
Mrs. Lindberg was the wife of the famous aviator, Charles Lindberg, and one of the finest essayist in America. This book is a series of thoughts while she vacationed alone on a Florida beach.
- *In the Shadow of Man by Jane Goodall*  
Ms. Goodall wrote this book about her studies with chimpanzees in Tanzania, Africa. This will help you understand a lot of what we might term irrational behavior in humans.
- *The True Believer by Eric Hoffer*  
This was the first book the self-educated longshoreman wrote, and it is a place to start with all of his books. Without a doubt, he was America's most epigrammatic, sententious writers of the 20th Century. Once you read this, you will want to devour all of his books.
- *Games People Play by Eric Berne*  
Games are inherently unhealthy human transactions with ulterior motives, and I challenge just about anyone to read this book and not discover some games they or their acquaintances may play.

- *Know Your Child by Stella Chess and Alexander Thomas*  
This husband and wife team studied a group of children from birth to 30+ years of age and discovered eight temperaments that are genetic and difficult if not impossible to change. It has helped me understand why some patients are so resistant to cooperating with their therapy and how to cope with that behavior.
- *The Social Contract by Robert Ardrey*  
Ardrey was a screen writer that felt it prudent to leave Hollywood because of his association with communists in the 1950s during the McCarthy hearings. He went to Africa and fell in love with Leakey's anthropological studies. This was his first book of that experience and, I think, his best. One of the most arresting books I have read.
- *The Cost of Discipleship by Dietrich Bonhoeffer*  
Bonhoeffer was martyred near the end of WW II on direct orders from Adolf Hitler. This

book offers one of the clearest exegesis of Christianity that I have ever read, and it is a treasure.

- *Alchemy by Rory Sutherland*  
This is one of my newest books and is written by an advertising executive at Ogilvy. He calls Alchemy the dark art and curious science of creating magic in brands, business and life. It literally has more turned down pages and notes in the margins than any book in my library.
- *12 Rules for Life by Jordan Peterson*  
Another recent addition to my library but a valuable, cogent, reasonable and persuasive antidote to all of political correctness that has invaded the arts, academia and literature.

I would like to end this time with you with a brief description below that I received from Dr. Harold Wirth, a well-known and respected restorative dentist in New Orleans, almost 60 years ago. This is worth keeping to hang on your office wall.

### THE MOUTH

The mouth in its entirety is an important and even wondrous part of our anatomy, our emotion, our life; it is the site of our very being. When an animal loses its teeth, it cannot survive unless it is domesticated; its very existence is terminated; it dies. In the human, the mouth is the means of speaking, of expressing love, happiness and joy, anger, ill temper, or sorrow. It is the primary sex contact; hence it is of initial import to our regeneration and survival by food and propagation. It deserves the greatest care it can receive at any sacrifice.

## Thank you for your membership in the ADA, TDA and DCDS!

You should have already received your 2020 Annual Dues Statement in the mail. We offer three easy ways to pay:

- 1) Send a check or credit card info in the envelope enclosed with your statement; OR
- 2) Call TDA to pay over the phone with a credit card; OR
- 3) Quickly and easily pay online today! Visit [tda.org](http://tda.org), login and then click on the "Membership Renewal" button located just beneath "Access My Profile."

PAYMENT OPTIONS are available for all members with monthly payments through October or a 3-month plan. Sign up now to take advantage of the maximum number of payments.

AUTO-RENEWAL is also available for all members! As you pay your 2020 dues, you can choose to auto-renew for 2021.



# From The Hub

by Jane D. Evans, Executive Director



I am certain at this time that you are wishing as I am that you had a crystal ball to ask when will the pandemic be over and when will Covid-19 be something of the past. We had someone ask if we are

the only ones that know the future because we are continuing to plan the SWDC scheduled for August 21-22. I answered by saying no, we do not know what the future holds, but we are *hopeful*. Many groups have cancelled April and May events at the Convention Center and are working with the City of Dallas to reschedule their events in late July through the rest of the year where they can find open dates. They are *hopeful* as well.

My crystal ball could definitely not have foreseen the DCDS Team with home offices set up and all of us working remotely. It would not have foreseen the anguish of our members in deciding how to deal with staffing issues. It would not have foreseen the flood of COVID-19 communications flying between local societies, state associations and ADA.

DCDS staff stay in constant communication with tripartite entities so the Society can continue to serve our members, working closely with DCDS President Brad Crump, DDS, MS to get you the most current information from the ADA as soon as it is received. ADA continues to work 24/7 with CDC and Washington to make sure there are resources to help you during these challenging times. TDA continues to advocate on legislature that affects dentistry with State officials.

However, my crystal ball *could* foresee the generosity of DCDS members when called to donate PPE supplies. When the City of Farmers Branch reached out to us for donations, DCDS Foundation and the DCDS Dental Assisting School quickly went into action to donate their supply of PPE products. It was not a lot, but they were most appreciative.

I wish my crystal ball would give us an answer of when we can expect to get back to a normal life. For now, we must follow the mandated guidelines and be *hopeful* this will be over soon. Working together we can get through this and be stronger. I know I will certainly have a better appreciation for life.



Above: DCDS Foundation and DCDS Dental Assisting School donated 72 boxes of gloves, 39 boxes of masks, 10 containers of hospital grade wipes and 10 cases of water to aid Farmers Branch first responders in the battle against COVID-19.



Below: DCDS member Eric Hibbs, DDS, MAGD donating N-95 masks to Parkland Memorial Hospital.

## Thank you!

The following members provided DCDS with information of their PPE donations during the COVID-19 crisis. Thank you to all who sacrificed their supplies to front line medical personnel!

- Dr. Ashly Cothorn - UTSW
- Dr. Shweta Daftary - Agape Nursing Home
- Dr. Rich Derksen - UTSW
- Dr. Allison Fowler - UTSW
- Drs. Bill Gerlach and Dr. Marisol Trautman - Baylor McKinney
- Dr. Eric Hibbs - Parkland Hospital
- Dr. Sloan Hildebrand - UTSW
- Dr. John Huggins - Baylor Scott & White
- Dr. Keith Kriegel - UTSW
- Dr. Howard Pangburn - Baylor Scott & White
- Dr. Michael Rainwater - Union Gospel Mission Homeless Shelter
- Dr. Jordana Contrucci Ruiz - UTSW
- Dr. Patty Simon - Parkland Hospital
- Dr. Edward Tanur - Presbyterian Dallas
- Drs. Nathan Hodges, Danette McNew, Ken Taylor Byron and McKnight - Baylor Hospital
- Texas A&M College of Dentistry - Baylor Scott & White
- DCDS Foundation and DCDS Dental Assisting School - Farmers Branch Police Department

# New Dentists

News and perspective from dentists under 10 years of practice

by Wendy Steger, DDS

## Dental Student to Dentist to Motherhood: The Evolution



Later this year, a new wave of dentists will graduate and transition from dental school life to work life. It feels like yesterday that I went through the same thing. We dedicate four years of dental school

alongside the same 100 classmates, going to the same classes, labs and social events. Together, we learned how to navigate the stress and time management of our rigorous curriculum. Afterwards, we all graduate and head our separate ways. One loses one's sense of community with classmates practically overnight.

I went through many transitions in dental school including getting engaged, buying a house and getting married. However, graduation was the toughest transition I'd experienced thus far. You can't go to your job interviews with your classmates. You're not driving up to your new office and seeing your first patient alongside your classmates. Even though you may live in the same city, it's still difficult to arrange meetups. I remember seeing my very first patient out of school and wondering when my group leader was going to come and give me my start check. Prep check perhaps? Isolation and loneliness accompanied me my first few months as a dentist.

It took me time to grasp what was missing in my life. As a dental student, I was involved in countless organizations and held numerous leadership positions. This is what I desired now more than ever! Soon after, I joined the New Dentist Committee at the Dallas County Dental Society. This was the first step in rebuilding my new network of "classmates" and re-introduced me to a community of dentists from all walks of life. Heading into the office daily is so much easier knowing I have my safety net of dentists and specialists who have my back.

At the conclusion of last summer, I was blessed to be able to transition into motherhood. My pregnancy wasn't the easiest to say the least, but it still provided a beautiful experience. Soon after I gave birth, that feeling of isolation and loneliness returned. I wasn't diagnosed with postpartum depression, but I did have days where I felt the lonesomeness would never end. It's entirely normal to hide in your closet crying and downing a box of Mike and Ike in your pajamas at four in the afternoon, right? I love my daughter, don't get me wrong, but I needed to get away for a little. A month later, I was already back at Dallas County Dental Society meetings. The continuing education hours were great, but it was so enjoyable to just resume adult conversations!

“Soon after, I joined the New Dentist Committee at the Dallas County Dental Society. This was the first step in rebuilding my new network of “classmates” and re-introduced me to a community of dentists from all walks of life.

I reminded myself again that I needed to get involved again so I could get my sense of community back.

You might ask how I'm able to balance having a newborn, full time dentistry, and stay involved in organized dentistry? Time management is vital, a skill you probably learned all too well in dental school. It's about being present and efficient at everything that you do, including that quadrant of Class II composite fillings you've been dreading all day. Surrounding myself with a community of dentists has kept me sane through whatever transition I may be going through now and in the future.



In honor of Drew Vanderbrook, DDS as incoming president and the 2020-2021 Board of Directors, Officers and Committee Members and in recognition of outgoing board and committee members of Dallas County Dental Society.

Thursday, July 9, 2020  
6:30 - 9:30 pm  
Hilton Dallas/Park Cities

Register before July 1, 2020 at [www.dcds.org/events](http://www.dcds.org/events).

# DCDS Member's Message Board

## Upcoming Events

Due to COVID-19 measures and the Dallas County Shelter-in-Place orders, May events have been cancelled.  
 Thursday, July 9, 2020 - Installation Ceremony and Dinner  
 August 21-22, 2020 - Southwest Dental Conference



## Welcome New Members!

### General Practice

Sonia Cartwright-Smith  
 Diana Chung

### Orthodontics

Marco Navarro-Flores

### Pediatric

Sabrina L. Dragan

### Oral/Maxillofacial

Colten Ducote

### Prosthodontics

Sheena Allen

### Graduate Students

Brian Rezel Carr  
 Nicolas Charles Kolar  
 Karl Dean Veasey

## IN MEMORIAM:

**Dr. Glenn W. Anderson**  
**Dr. Robert M. Anderton**

## DCDS Membership Benefits

Being a member of the associations that work to protect your profession is important to the success of a practice...pass along the benefits to your peers!

- Free registration for DCDS's annual Southwest Dental Conference and TDA's Texas Meeting
- Peer Review mediation service to reconcile complaints between patients and doctors
- Rent DCDS meeting facilities at special member rates
- Free or discounted continuing education via seminars & General Membership Meetings
- First opportunity to hire fully trained world-class assistants from DCDS Dental Assisting School
- Preprinted school excuse forms provided free of charge to dentists treating school-age children
- Confidential free notary public
- DCDS Connection, the bimonthly newsletter of Dallas County Dental Society (member advertising at reduced rates)
- Member mailing labels available for purchase
- Grassroots legislator contact program with state and national legislative representation
- License and permit renewal reminders
- Networking/social opportunities with colleagues

Dallas County Dental Society members receive ALL membership benefits offered by Texas Dental Association, including free entry to TDA TEXAS Meeting. Dallas County Dental Society members receive ALL membership benefits offered by American Dental Association, including photo directory and public referrals through Find-a-Dentist.

[www.dcds.org/membership](http://www.dcds.org/membership)





## REACH OUT TO HELP ANOTHER DENTIST

Watching a colleague suffer and feeling helpless is difficult and heartbreaking. Dentists Concerned for Dentists is a 24-hour confidential alcohol and drug abuse hotline you can call for assistance.

Your phone call could be the lifesaving step for someone who is hoping and waiting.

- Founded exclusively to help dentists, hygienists, assistants and family members.
- No fees or charges.
- All contact is held in absolute confidentiality.

The Dentists Concerned for Dentists program provides a strictly confidential peer assistance program for health care professionals who struggle with drug and alcohol abuse. Please share this confidential hotline with your colleagues.

A confidential phone call may be the greatest gift a peer dentist, staff or family member could receive.

## DENTISTS CONCERNED FOR DENTISTS

24-hour Confidential Hotline  
**214-206-7496**

### HELP YOURSELF

If you're in crisis, there are options available to help you cope. You can call the above hotline at any time to speak to someone and get support. For confidential support available 24/7 for everyone in the United States, you can also call the National Suicide Prevention Lifeline at 1-800-273-8255.

## Need Meeting Space?

As a member of the DCDS, you can take advantage of low member rates when renting the Society's Executive Office for your next meeting.

The Dr. O.V. Cartwright Reception Hall is perfect for registration and a pre-function gathering.

The Dr. Paul P. Taylor Executive Board Room can seat 14 around a large conference table.

The Dr. D. Lamar Byrd Auditorium is 1,650 square feet of meeting space that can seat up to 200.

Audio/visual equipment is also available.

DCDS facilities include free parking, free wifi, use of small kitchenette, and ability to bring in food and non-alcoholic beverages.

For more info, contact Ashley Hawkins at 972-386-5741 x231 or email [info@dcds.org](mailto:info@dcds.org).



### Looking for a job? Have a position to fill in your office?

List it on the DCDS.org Job Bank! Members list for free (\$75/month for non-members.) Email a brief summary (100 words or less) of the position to [rosemary@dcds.org](mailto:rosemary@dcds.org).

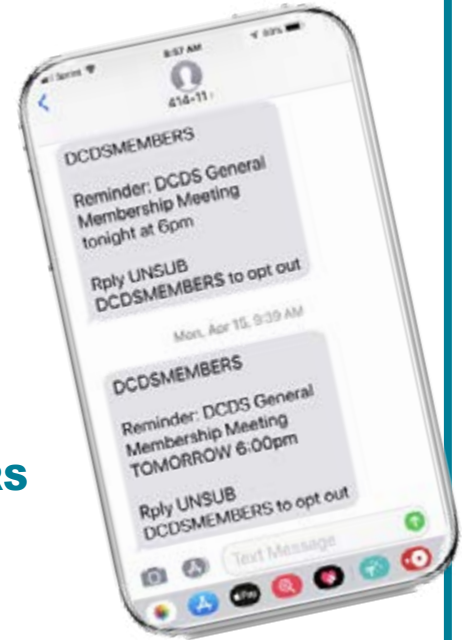


### TEXT MESSAGE REMINDERS

Have you ever wished you could receive reminders for DCDS meetings and events? Do you forget to put events/meetings on your calendar?

**DCDS implemented text messaging so you will not forget another meeting. Just sign up and you will be reminded of future meetings and events.**

**Text DCDSMEMBERS to 41411**



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# Diversity and Inclusion

by Carmen P. Smith, DDS

## Its Role in Dentistry



*“Our ability to reach unity in diversity will be the beauty and the test of our civilization.” – Mahatma Gandhi*

**D**iversity and Inclusion have been “buzz words” in the public

and private sectors for many years. So why are we still having the conversation? Simply, we are not having the necessary conversations and we are not intentional in providing positive solutions. There are over 200,000 dentists in the U.S. and approximately 33% are female and approximately 28% are underrepresented minorities. There are nearly 50% female dental students and 37% underrepresented minorities, and yet this is not reflective in the faculty at dental schools, continuing education presenters nor leadership in organized dentistry. It should be unacceptable to everyone

that in 2020 we have to hold panel discussions, create task forces, write white papers and develop entire departments in companies to remain compliant on diversity and inclusion. This country has been diverse since the day Columbus landed here, and still today we do not systematically recognize and embrace the value and importance that each of us has played and continues to play in the development of this country.

As dentists, it is vitally important that we make conscious efforts to recognize and embrace our differences. Demographics are changing rapidly and as health care providers, now more than ever, it is time to put old biases and prejudices aside. Whether interacting with our colleagues, staff, patients, or communities, diversity abounds, and inclusiveness is a necessary part of our personal and professional growth and development. Making an effort to understand cultural and ethnic differences 1) helps a dentist

**“As dentists, it is vitally important that we make conscious efforts to recognize and embrace our differences.”**

develop positive relationships and in return provide the necessary care and compassion the patients need; 2) helps to foster relationships among colleagues who may or may not share similar needs in practice, but can collectively create solutions that are beneficial for all; and 3) helps to develop our roles as leaders in the community by creating a level of trust amongst all that we serve.

*Continued on page 14*

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# 2020 SOUTHWEST DENTAL CONFERENCE PROGRAMS

To register or for more information, go to [swdentalconf.org](http://swdentalconf.org).

## FRIDAY, AUGUST 21

COURSE #	SPECIAL EVENTS	CLINICIAN	TIME	EARLY BIRD	AFTER July 10
F01	CE Express: See page 25 for list of clinicians and topics.		8:00 a.m.-12:00 p.m.	\$50	\$60
F20	Pediatric Symposium: Dental Screening Tools and Intervention Strategies for Airway Management. See page 33 for details.	Nguyen	8:30-11:30 a.m.	\$30	\$40
F02	Hygiene CE Express: See page 25 for list of clinicians and topics.		12:30-4:30 p.m.	\$50	\$60
F35	Pediatric Symposium: Who You Need on Your Airway Team. See page 33 for details.	Nguyen	1:30-4:30 p.m.	\$30	\$40
<b>WORKSHOPS</b>					
F03	Nitrous Oxide Monitoring/Certification for Auxillaries	Moore	8:00 a.m.-12:00 p.m. and 1:00-5:00 p.m. (all day)	\$155*	\$165*
F04	Equipment Maintenance and Repair Workshop	Burkhart Dental	9:00-11:00 a.m.	\$50	\$60
F05	Equipment Maintenance and Repair Workshop	Burkhart Dental	1:00-3:00 p.m.	\$50	\$60
F06	Perfecting the Provisional Crown Process Workshop	Groody	1:00-4:00 p.m.	\$145*	\$155*
F07	Local Anesthesia: Advanced Technique Simulation Workshop	Hawkins	1:00-4:00 p.m.	\$175*	\$185*
F08	Everyday Oral Surgery Skills for General Dentists Workshop	Jeroff	1:00-4:00 p.m.	\$195	\$205
F09	Safety and Simplicity in Root Canal Instrumentation Workshop	Koch	1:00-4:00 p.m.	\$175*	\$185*
<b>MORNING LECTURES</b>					
F10	The Dark Side of Implants: Complications, Diagnosis and Management	Grisdale	8:00-11:00 a.m.	\$30	\$40
F11	ABC's of Restorative Procedures: Adhesion, Bands and Composite	Groody	8:00-11:00 a.m.	\$30	\$40
F12	Local Anesthesia: 30+ Years of Hits, Misses and Near Misses - Technique and Pharmacology	Hawkins	8:00-11:00 a.m.	\$30	\$40
F13	Why, Why, Can't I Remove This Tooth? Avoiding the Oh No! Moments in Oral Surgery	Jeroff	8:00-11:00 a.m.	\$30	\$40
F14	Materials and Techniques to Improve Your Class II Restorations	Lawson	8:00-11:00 a.m.	\$30	\$40
F15	Dentistry's Role in the Mass Disaster Scenario/ Child Abuse and Intimate Partner Violence Recognition	Cardoza	8:30-11:30 a.m.	\$30	\$40
F16	Opioid Use, Abuse and Addiction: AND Marijuana and Its Impact on You, Your Family and Your Dental Practice Part I	Crossley	8:30-11:30 a.m.	\$30	\$40
F17	Creating a Healthy Work Environment	Jameson	8:30-11:30 a.m.	\$20	\$30
F18	Safety and Simplicity in Root Canal Instrumentation	Koch	8:30-11:30 a.m.	\$30	\$40
F19	Challenge of Waterborne Infections: A Microbiology Perspective	Molinari	8:30-11:30 a.m.	\$30	\$40





# 2020 SOUTHWEST DENTAL CONFERENCE PROGRAMS

To register or for more information, go to [swdentalconf.org](http://swdentalconf.org).

## FRIDAY, AUGUST 21 (CONTINUED)

COURSE #	MORNING LECTURES, CONTINUED	CLINICIAN	TIME	EARLY BIRD	AFTER July 10
F20	Dental Screening Tools and Intervention Strategies for Airway Management	Nguyen	8:30-11:30 a.m.	\$30	\$40
F21	What Every Dentist Needs to Know About TMD - Part I	Okeson	8:30-11:30 a.m.	\$30	\$40
F22	Global Diagnosis - A New Vision of Dental Diagnosis and Treatment Planning	Robbins	8:30-11:30 a.m.	\$30	\$40
F23	The Promise of Leadership	McDonald/ Small	9:00 a.m.-12:00 p.m.	\$20	\$30
F24	LipZip: Breathe Better to Live Better	O'Hehir	9:00 a.m.-12:00 p.m.	\$30	\$40
F25	Oral Cancer and Potentially Malignant Disorders	Sollecito	9:00 a.m.-12:00 p.m.	\$30	\$40
F26	Un-Break My Heart! Cardiovascular Disease, Dental Considerations and Patient Care Planning	Viola	9:00 a.m.-12:00 p.m.	\$30	\$40
<b>AFTERNOON LECTURES</b>					
F27	Peri-Implant Disease: Diagnosis, Treatment and Maintenance Therapy 101 for the Dental Team	Grisdale	1:00-4:00 p.m.	\$30	\$40
F28	Bonding Dental Ceramics	Lawson	1:00-4:00 p.m.	\$30	\$40
F29	Communications, Coding and Collections	Phillips	1:00-4:00 p.m.	\$20	\$30
F30	CSI Effect Myth: An Overview of Contemporary Forensic Dentistry	Cardoza	1:30-4:30 p.m.	\$30	\$40
F31	Dental Sleep Medicine Beyond the Basics	Carstensen	1:30-4:30 p.m.	\$30	\$40
F32	Opioid Use, Abuse and Addiction: AND Marijuana and Its Impact on You, Your Family and Your Dental Practice Part II	Crossley	1:30-4:30 p.m.	\$30	\$40
F33	Overcoming "I'll Think About It!"	Jameson	1:30-4:30 p.m.	\$20	\$30
F34	Infection Control: That Thing You Do	Molinari	1:30-4:30 p.m.	\$30	\$40
F35	Who You Need on Your Airway Team	Nguyen	1:30-4:30 p.m.	\$30	\$40
F36	What Every Dentist Needs to Know About TMD - Part II	Okeson	1:30-4:30 p.m.	\$30	\$40
F37	Global Diagnosis and Digital Smile Design - A New Synergy	Robbins	1:30-4:30 p.m.	\$30	\$40
F38	ABC's of Panoramic Imaging	Scarfe	1:30-4:30 p.m.	\$45*	\$55*
F39	Smile with Heart: The Interactive Tour of a Successful Dental Wellness Program	Wade	1:30-4:30 p.m.	\$30	\$40
F40	Creating a Culture That Transforms and Performs	McDonald/ Small	2:00-5:00 p.m.	\$20	\$30
F41	Why Do Gums Bleed? The Impact of Sugar on Systemic Health	O'Hehir	2:00-5:00 p.m.	\$30	\$40
F42	Oral Mucosal Disease: A Field Guide for the Oral Healthcare Practitioner	Sollecito	2:00-5:00 p.m.	\$30	\$40
F43	It's (Medically) Complicated! Essential Pharmacology for Treating Medically Complex Dental Patients	Viola	2:00-5:00 p.m.	\$30	\$40

# WHY BE AN EARLY BIRD?

**Better course selection: once full, you're out of luck.**

**Discounted registration fees: \$25 increase after July 10 and another \$25 increase after August 19.**

**Discounted course fees: \$10 per course increase after July 10.**





# 2020 SOUTHWEST DENTAL CONFERENCE PROGRAMS

To register or for more information, go to [swdentalconf.org](http://swdentalconf.org).

## SATURDAY, AUGUST 22

COURSE #	SPECIAL EVENTS	CLINICIAN	TIME	EARLY BIRD	After July 10
SD1	ICD Breakfast (for ICD Members)		7:00-9:00 a.m.	\$40	\$40
S13	The MAC Class (Master Assistant Class) Part I: The Seamless Appointment. See page 44 for details.	McDonald	8:00-11:00 a.m.	\$30	\$40
SD2	Hygiene CE Express: See page 41 for list of clinicians and topics.		8:00 a.m.-12:00 p.m.	\$50	\$60
S15	Orthodontic Symposium: The Future of Interdisciplinary Dentofacial Therapy: Digital Empowered with an Airway Focus, Part I. See page 46 for details.	Roblee	8:00-11:00 a.m.	\$30	\$40
S22	Pediatric Symposium: Tongues to Tonsils: The Comprehensive Pediatric Exam. See page 47 for details	Rozas	8:30-11:30 a.m.	\$30	\$40
SD3	CE Express: See page 41 for list of clinicians and topics.		12:30-4:30 p.m.	\$50	\$60
S33	Orthodontic Symposium: The Future of Interdisciplinary Dentofacial Therapy: Digital Empowered with an Airway Focus, Part II. See page 46 for details.	Roblee	1:00-4:00 p.m.	\$30	\$40
S30	The MAC Class (Master Assistant Class) Part II: Building Clinical Competency: See page 44 for details.	McDonald	1:00-4:00 p.m.	\$30	\$40
S39	Pediatric Symposium: How to Build The Dream Team and Tackle Parent Problems. See page 47 for details.	Rozas	1:30-4:30 p.m.	\$20	\$30
	<b>WORKSHOPS</b>				
SD4	Safety and Simplicity in Root Canal Instrumentation Workshop (repeat)	Koch	8:00-11:00 a.m.	\$175*	\$185*
SD5	21st Century Laser-Assisted Dentistry Workshop	Cardoza	1:00-4:00 p.m.	\$195	\$205
SD6	Matching Patients to Oral Appliance Therapy Workshop	Carstensen	1:00-4:00 p.m.	\$175	\$185
SD7	Predictable Bone Grafting for Site Preparation: Implants and Restorative Dentistry Workshop	Grisdale	1:00-4:00 p.m.	\$225*	\$235*
SD8	Perfect Photographs? Learn Portrait and Intra-Oral Photography Workshop	Zehak	1:30-4:30 p.m.	\$145*	\$155*
	<b>MORNING LECTURES</b>				
SD9	Anterior Esthetics with Dental Implants	B. Butler	8:00-11:00 a.m.	\$30	\$40
SD10	21st Century Laser-Assisted Dentistry	Cardoza	8:00-11:00 a.m.	\$30	\$40
SD11	Key Essentials for Successful Bone Grafting Techniques for Socket Preservation and Augmentation for Implants and Restorative Dentistry: The Basics and Future Trends	Grisdale	8:00-11:00 a.m.	\$30	\$40
SD12	Medical Emergencies in the Dental Office - Medical Emergencies in LIFE!	Hawkins	8:00-11:00 a.m.	\$30	\$40
SD13	The Exceptional Assistant - Turning the Ordinary Into the Extraordinary Everyday Part I: The Seamless Appointment	McDonald	8:00-11:00 a.m.	\$30	\$40
SD14	Occupational Respiratory Infectious Diseases: Aerosols, Spatter and Precautions	Molinari	8:00-11:00 a.m.	\$30	\$40
SD15	The Future of Interdisciplinary Dentofacial Therapy (IDT): Digital Empowered with an Airway - Focus Part I	Roblee	8:00-11:00 a.m.	\$30	\$40





# 2020 SOUTHWEST DENTAL CONFERENCE PROGRAMS

To register or for more information, go to [swdentalconf.org](http://swdentalconf.org).

## SATURDAY, AUGUST 22 (CONTINUED)

COURSE #	MORNING LECTURES (CONTINUED)	CLINICIAN	TIME	EARLY BIRD	AFTER July 10
S16	Powerful Partnership - Build a Strong Dentist-Hygienist Relationship for a Thriving Practice	Wall	8:00-11:00 a.m.	\$30	\$40
S17	New Advances in Caries Management Part I - Caries Management by Risk Assessment (CAMBRA) and the ADA Caries Classification System	Young	8:00-11:00 a.m.	\$30	\$40
S18	A Systemic Approach to Periodontal Classifications and Treatment	M. Butler	8:30-11:30 a.m.	\$30	\$40
S19	A Bad Airway Affects the Whole Person, All Their Life	Carstensen	8:30-11:30 a.m.	\$30	\$40
S20	Scrabble and Alphabet Soup - Bringing Simplicity to Cone Beam Technology	Flucke	8:30-11:30 a.m.	\$30	\$40
S21	Systems Teams Technology	Phillips	8:30-11:30 a.m.	\$20	\$30
S22	Tongues to Tonsils: The Comprehensive Pediatric Exam	Rozas	8:30-11:30 a.m.	\$30	\$40
S23	Winning the War Against Inflammation	Smith	8:30-11:30 a.m.	\$30	\$40
S24	Tips and Tricks for Direct Resin Composite Restorations, Adhesion to Esthetics Part I	Vargas	8:30-11:30 a.m.	\$30	\$40
S25	Perfect Photographs? Learn Camera Basics for Documentation and Marketing	Zehak	8:30-11:30 a.m.	\$30	\$40
S26	Positioning Implants to Achieve Predictable Restorative Success	McGarry	9:00 a.m.-12:00 p.m.	\$30	\$40
S27	Up in Smoke! Will Cannabis Replace Opioids in the Management of Acute Dental Pain?	Viola	9:00 a.m.-12:00 p.m.	\$30	\$40
	<b>AFTERNOON LECTURES</b>				
S28	Cement vs. Screw Retained Implant Restorations	B. Butler	1:00-4:00 p.m.	\$30	\$40
S29	There's No "D" Like "3D" - Cone Beam, Digital Impressions, Milling and 3D Printing in a Digital Practice	Flucke	1:00-4:00 p.m.	\$30	\$40
S30	The Exceptional Assistant - Turning the Ordinary Into the Extraordinary Everyday Part Two: Building Clinical Competency	McDonald	1:00-4:00 p.m.	\$30	\$40
S31	Vaccine Recommendations: Science, Success and Myths	Molinari	1:00-4:00 p.m.	\$30	\$40
S32	Your Practice Through the Patients Eyes	Phillips	1:00-4:00 p.m.	\$20	\$30
S33	The Future of Interdisciplinary Dentofacial Therapy (IDT): Digital Empowered with an Airway-Focus Part II	Roblee	1:00-4:00 p.m.	\$30	\$40
S34	Know Your R.O.H. - Uncovering the Potential of Your Hygiene Team	Wall	1:00-4:00 p.m.	\$30	\$40
S35	New Advances in Caries Management Part II - Caries Removal, SDF, GIC and SMART Restorations	Young	1:00-4:00 p.m.	\$30	\$40
S36	Trends and Truth	M. Butler	1:30-4:30 p.m.	\$30	\$40
S37	Merging Technology into Your Practice	McGarry	1:30-4:30 p.m.	\$30	\$40
S38	Seven Secrets to Living Well	Smith	1:30-4:30 p.m.	\$30	\$40
S39	How to Build the Dream Team and Tackle Parent Problems	Rozas	1:30-4:30 p.m.	\$20	\$30
S40	Tips and Tricks for Direct Resin Composite Restorations, Adhesion to Esthetics Part II	Vargas	1:30-4:30 p.m.	\$30	\$40

# Insights

Book Review by Larry W. White, DDS, MSD, Editor

## Veneer Visions



I received a brochure from Quintessence Publishers the other day and noticed the above book in Spanish on sell for \$15 reduced from over \$100. Veneers have always interested me, and I thought this

might enlighten me more about the technique of Dr. di Lorenzen and simultaneously improve my knowledge of Spanish. How could I lose with \$15 for a Quintessence book?

Much to my surprise, the book was bilingual and had no techniques explained. That said though, all of the veneers shown in this book are NO-PREP veneers placed using a 100% painless procedure requiring no reduction of tooth structure and no anesthesia.

The photographs are exquisite and, as the author says, will leave patients speechless—or as the Spanish say, will leave you with your mouth wide open. That was literally true with my reaction to this gorgeous and spectacular book, and were I a restorative dentist, I would get so close to this clinician, he would begin to think I was a close relative. I would definitely want to know how to do these veneers.

The book doesn't give much information about the construction of these elegant, finely crafted ceramic veneers, but clearly he uses an extremely gifted ceramist. Still, the author

avers that this book will polarize opinion since it breaks with convention and challenges the usual. He says that his technique is neither better nor worse than conventional methods of veneer fabrication, but it does have the advantages of no anesthesia and no reduction of healthy tooth structure.

If restorative dentists don't have these skills, they probably need to add them to their dental armamentarium and techniques and prominently display this book in their reception area. For \$15 you can't purchase a more lovely, handsome and tantalizing book.



### Veneer Visions

Vistas de Carillas

Oliver Reichert di Lorenzen, \$15, 119 pp  
Quintessence Publishers, Chicago, IL

*Continued from page 9*

Becoming intentional in our thoughts and actions is where we begin. So the next time you are hiring a dental assistant or front office personnel and an applicant/interviewee has a name you can't pronounce or skin color that may be different, stop and think how those differences can help your practice rather than focusing on something that you perceive as a hindrance. At the next DCDS meeting, make an effort to seek out a colleague that you have never met; greet them and find out some fun facts. You never know if you have met your new best friend. When a patient sits in your chair and practices

a cultural ritual (i.e. removing their shoes), don't become alarmed or offended, simply ask about the process and get a better understanding. Many customs and practices are simply done out of respect and appreciation.

Diversity and inclusion are not hard concepts. We have to reject institutions, practices, concepts and thoughts that are polarizing and detrimental to our own morals, values, practices and beliefs. Let's make a conscious effort to use dentistry as a model of diversity and inclusion. Let's be leaders in fostering a commitment to a standard of care that is truly provided to all,

regardless of race, ethnicity, religion, gender, sexual orientation and mode of practice.

*"Diversity is the magic. It is the first manifestation, the first beginning of the differentiation of a thing and of simple identity. The greater the diversity, the greater the perfection." ~ Thomas Berry*

**Reserve Thursday, October 1 for an International Pot Luck Dinner, where we will celebrate diversity and inclusion as a Society. More details to come soon!**



# Your DCDS Foundation at Work!

## Recent Activities

Your Foundation's job is to "enhance oral health in our community." The Foundation Board has twelve very accomplished and caring dentists dedicated to making that job happen, meeting quarterly. Between meetings, the Foundation provides programs, benefits and collaborative efforts to help citizens of Dallas County and to promote the importance of dental health.

993 dentist volunteer hours were carried out with purpose, from 2017-2019, serving 3,901 Dallas County residents from kindergarten to seniors. Foundation programs include Tooth talk, Senior Smiles and work with Attitudes and Attire and Family Place. The Foundation offers educational scholarships and partners with TDA Smiles Foundation to bring our Texas Mission of Mercy (TMOM) to Dallas.

So far in 2020, Foundation activities benefited from 252 dentist volunteer hours and an additional 312 non-dentist volunteer hours. The year started strong with two new initiatives: Give Kids a Smile - Dallas 2020 and Charity Summit Dallas.

GKAS-Dallas 2020 brought together 57 dentists, 11% of which were non-ADA members getting a front row seat to what organized dentistry can accomplish. An additional 104 volunteers made the event happen. If you ever want to help 1,100 kids age 6-12 at 21 different locations in just three hours, just ask Dr. Rei Iwase our event chair, she knows.

Charity Summit Dallas coordinated leading charitable groups in Dallas County with the goal of sharing ideas, opening lines of communication and providing pathways for partnerships. With event chair Dr. Robert McNeill's efforts and input from the amazing



Farmers Branch Police Department picking up water and PPE donations from DCDS Foundation and DCDS Dental Assisting School.

organizations we are blessed to have in Dallas County, this project was a great success.

In response to DCDS's call to action to donate supplies to hospitals, the Foundation donated personal protection equipment to first responders in Farmers Branch and Union Gospel Mission Shelter, one of our largest homeless shelters in Dallas. Upon receiving supplies at UGM the pastor expressed his thanks, "UGM so appreciates your gift of masks during this shortage of needed items at our time of need. Your generosity is heartfelt and please know that we thank you for your partnership, in His service." It was heartwarming to see dentists like Sloan Hildebrand passing out a mask to each employee at multiple grocery stores in Lakewood and talking about infection control to

many that see the public face to face. Countless similar acts from our dental community are making an impact in all parts of our city.

In our future we look forward to hosting the seventh Dallas Veterans TMOM in November 2021. GKAS and the second Charity Summit are planned for next year and a third new initiative is in planning for this Fall.

Even as dentists struggle with the challenges of caring for patients and safeguarding the health of our practices, we will always find so many making a difference for others while displaying the exceptional qualities of our dental profession to the citizens of Dallas County .

TO VOLUNTEER

**WWW.DCDSFOUNDATION.ORG**

TO GIVE

DCDS Foundation is now an eligible charity listed on AmazonSmile. This program through Amazon donates 0.5% of the price of eligible smile.amazon.com purchases to the Foundation when selected by customers. Our unique charity link is <https://smile.amazon.com/ch/75-2790709>.

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The goal of this continuum is to provide a common language for the Restorative Dentist, Orthodontist, Periodontist, and the Oral and Maxillofacial Surgeon so you may successfully treat the complex interdisciplinary patient.



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CONTACT: Belinda Bailey - 210.341.4409 [admin@stoneoakaesthetics.com](mailto:admin@stoneoakaesthetics.com)



# Texas A&M University College of Dentistry

By Kathleen Green Pothier

## Expertise in the House: Craniofacial orthodontist's monthly visits prove invaluable

Orthodontic residents have upped their savvy in craniofacial complexities this year.

A unique in-clinic partnership between craniofacial orthodontist Dr. Yong Jong Park from Children's Health means hands-on, shared expertise with orthodontic graduate students one Friday each month. The collaboration is a first for the school's graduate orthodontics program. Park specializes in treating pediatric cleft palate, cleft lip, craniofacial anomalies, dentofacial deformities and beyond.

Before last spring, graduate students' exposure to complex cases was mostly acquired through academic learning at the hospital and in the lecture hall, says Dr. Larry Tadlock, Texas A&M College of Dentistry orthodontics program director and department head.

"Dr. Park was brought here to enhance our residents' clinical training in the treatment of children with craniofacial anomalies," he says. "Now they have an opportunity to serve the community and treat this group of patients under Dr. Park's supervision."

Once-a-week rotations at Children's Medical Center Dallas, with third-year residents on Mondays and second-year residents on Wednesdays, means making morning rounds with the craniofacial team there. They accompany specialists from twelve Children's departments, including surgeons, speech pathologists, developmental psychologists, pediatric dentists and social workers, Park explains. After lunch, they reconvene to discuss cases and come up with treatment plans.

With that insight, orthodontic residents have crucial background information at the ready when patients start their orthodontic treatment at the dental school.

"Sometimes we're setting them up for a surgical procedure. So we work with Dr. Park and the surgery team at Children's," says Dr. Theresa Coleman, a third-year orthodontics resident.

Six "families" of orthodontic residents, which comprise a student from each level of the graduate program, follow one craniofacial patient at a time from start to finish. Coleman works side by side with second-year resident Dr. Lauren Brubaker and a first-year graduate student. Throughout each



Dr. Yong Jong Park guides Dr. Theresa Coleman, a third-year orthodontic resident, in clinic.

patient's treatment plan, the team from Children's and the dental school coordinate necessary surgeries and follow-up orthodontic work.

This collaboration can mean making impressions and providing photos so the surgeon, for example, knows exactly how the patient is progressing and plans appointments and/or surgeries accordingly. All aspects are invaluable background when residents graduate and move into private practice.

"We are exposed to so many techniques and options," says Dr. Adam Patenaude, third-year orthodontics graduate student. "Craniofacial treatment reaches a population that many orthodontists are unprepared to handle."

Patients with complex conditions and varied medical histories come from all over north Texas and surrounding states, including Oklahoma, Louisiana and Arkansas, Park says. Coleman is currently working with a teenage patient from Colorado.

"It's a win-win—the treatment for them and, at the same time, the residents have the opportunity to treat a patient and receive education," Park says.

Park has had such a positive influence on residents, Tadlock says, that one current resident has accepted a craniofacial fellowship when she graduates in May. A previous resident has already completed such a program.

"Having a fellowship-trained orthodontist who went above and beyond the standard orthodontic training makes us lucky," says Patenaude. "He offers us great insight into cases and compromises that are inevitable. He also is very kind and approachable, making learning under his guidance valuable for everyone."

Beyond the partnership's benefits to students and patients, Park says the experience with students has been a win for him as well.

"Actually, I'm learning, too," he says. "Sometimes you have to go back and refresh your memory. They're smart and they have good questions. 'OK, I haven't thought of that.' I have to be very sharp, which is good."



Texas A&M College of Dentistry (formerly Baylor College of Dentistry) in Dallas is a part of Texas A&M University and Texas A&M Health Science Center.

Founded in 1905, the College of Dentistry is a nationally recognized center for oral health sciences education, research, specialized patient care and continuing dental education. Learn more at [dentistryinsider.tamhsc.edu](http://dentistryinsider.tamhsc.edu) or follow @TAMUdental.





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## OCDSC Rises from the Ashes

After reporting at the end of 2019 that the Oak Cliff Dental Study Club was folding and donating 98% of their funds to Texas Mission of Mercy, the OCDSC revived at the last minute. The revitalized study club, with over 30 members, held their first meeting in January, with DCDS President Dr. Brad Crump as their guest presenter. To join or to be informed about an upcoming meeting in Duncanville, contact Dr. Kristine Knoll at [knolliebug@gmail.com](mailto:knolliebug@gmail.com) or Dr. Claude Stephens at [clarost@aol.com](mailto:clarost@aol.com).



# Classified Advertising

Classified Advertising for DCDS Connection is accepted on a space-available basis and must meet the advertising guidelines of the DCDS. Rates and information are posted on-line at [dcds.org](http://dcds.org) or call 972-386-5741

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Despite COVID-19 restrictions now, we are moving forward with planning for the August Southwest Dental Conference in hopes that the virus will be manageable by mid-summer. With such a great array of courses planned, we remain optimistic that we will be able to deliver!

Many of the courses have been scheduled with your entire team in mind. Burkhart's *Equipment Maintenance Workshop* will teach you and your staff preventative maintenance requirements and processes that will increase the lifespan for your dental equipment investments, while Dr. Jill Wade helps ensure the product and profit of your practice is all it can be with *Smile with Heart: The Interactive Tour of a Successful Dental Wellness Program*. Trisha O'Hehir will help you switch mouth breathers back to nasal with her course *Lip Zip: Breathe Better to Live Better*. Dr. Mel Hawkins will help you respond/react to life threatening situations with *Medical Emergencies in the Dental Office*, while John Molinari, PhD, will address emerging disease

challenges in *Occupational Respiratory Infectious Diseases*.

For our new dentists, we have exciting courses to help you improve technique. Dr. Steve Carstensen provides a way to predict who should get an oral appliance and who should not with *Dental Sleep Medicine Beyond the Basics*. Dr. Alan Jeroff addresses how oral surgical procedures can stress or challenge you in *Why, Why, Can't I Remove This Tooth? - Avoiding the Oh No! Moments in Oral Surgery*. Discover materials and techniques to promote a long lasting adhesive bond and create a well-adapted restoration in Dr. Nathaniel Lawson's *Materials and Techniques to Improve Your Class II Restorations*. Gain knowledge on achieving esthetic final implant restorations with Dr. Brian Butler's *Anterior Esthetics with Dental Implants*.

If you are interested in cone beam but confused by the science, terminology and skill sets required for successful integration, you'll want

to attend John Flucke's *Scrabble and Alphabet Soup – Bringing Simplicity to Cone Beam Technology*. If you are ready to conceptually design the positions of the teeth and gingiva using a computer simulation, you'll want to join Dr. William Robbins in *Global Diagnosis and Digital Smile Design - A New Synergy*. And if you're ready for F-stops, shutter speeds and metering...George Zehak simplifies this in his *Perfect Photographs? Learn Portrait and Intra-Oral Photography Workshop*.

Everyone will be needing CE credits when this COVID-19 crisis is over, so I would suggest registering early for the Conference for the best course selection. Looking forward to seeing everyone in August!



**Dr. Missy Jaynes**

2020 Southwest Dental Conference Chairman

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